



La Center Schools
PO Box 1840, La Center, WA 98629

La Center Youth Sports Tracksters Program 2020

Kindergarten-6th Grade Girls & Boys

Program Philosophy: To provide recreational opportunities that encourage personal development, good sportsmanship, skill development and FUN!

Coaching: The program relies on volunteer coaches. Coaches need to have a general knowledge of the events and a desire to work with children to instill basic skills, teamwork and good sportsmanship.

Coaches with a CPR card are preferred.

Interested?? Please call 360-991-8215 for more information.

Uniform: Team t-shirt will be provided by the Youth Sports Program as part of the fee. Wear suitable shorts or sweats, bring tennis shoes; no jewelry. Long hair should be pulled back, if possible. You will need to bring a water bottle of some sort.

Practice: Each practice will be held at the La Center High School Track on the given dates and times. (see Schedule)

Meets: All meets will be held on Mondays. The first meet will be held at the La Center High School Track. All other meets will be at the Ridgefield High School Track (2630 S. Hillhurst Rd, Ridgefield, WA 98642).

Player Fees: \$35.00

Each player receives a t-shirt. Payments must be made before athlete can participate. Registration Deadline is **March 27, 2020**. No refunds after the first practice of April 7, 2020.

To Register: Complete the attached registration form and return to any of the La Center Schools Offices. Please make sure you sign it as that is also the Concussion Information Form. If you want to see the complete Concussion form, visit www.lacenterschools.org. In-person registration closes on **March 27, 2020**. Mailed registrations must be postmarked **March 27, 2020** or earlier. Make checks out to La Center Schools. Please mail to PO BOX 1840, La Center, WA 98629. You can also pay online through the La Center Schools website (Payment Tab on top). Online registration ends **March 31, 2020**. Registrations will not be accepted after these dates.

2020 YOUTH SPORTS TRACKSTERS REGISTRATION FORM

(Return this portion. One form per participant, please.)

In-person/Mailing deadline to Register: March 27, 2020
Online registration ends: March 31, 2020

Code: LCYSTrack 2090-20

Name (Last) _____ First _____ Home Phone _____

Parent's Name _____ Parent's Work Phone _____

Email _____

Address _____ City _____ Zip _____

Age _____ Year Born _____ Height _____ Grade _____ Gender _____

Player Skill Level: Novice _____ Average _____ Above Average _____

Alternate emergency name _____ Phone _____

Is child currently on medication _____ if so what _____

T-shirt size (Circle one)

Youth Sm. Med Lg. XLg.

Adult Sm.

Parents: I can volunteer as:

Team Coach _____ Assistant Coach _____ Size Shirt: _____

Coach Name & Daytime Phone _____

Email _____

_____ Fee of \$35 Paid (for office use only)

-----PARENT PERMISSION FOR YOUTH PARTICIPATION-----

By signing this my son/daughter has my permission to participate in this Community Activity. I assume the responsibility for arranging transportation. I grant permission for emergency treatment to be given. I agree to pay all doctor, hospital & medical costs not covered by my insurance company. I release La Center School District & the instructor from responsibility for any costs resulting from injuries incurred while participating in this program or if a question of liability should occur. *****By signing this you have read & understand the WA State Concussion Law at <http://www.cdc.gov/concussioninyouthsports/>: Even though most concussion are mild, all concussion are potentially serious & may result in complications including prolonged brain damage & death if not recognized & managed properly. I have also read & understood the SCA Awareness Act. The full form is available on the La Center Schools District Website. www.lacenterschools.org**

Student-athlete Name Printed

Student-athlete Signature

Date