

LCHS COURSE GUIDE 2020-2021

La Center High School
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www.lacenterschools.org/lchs_homepage

Classes of 2021, 2022, 2023 & 2024

<i>Course Requirements</i>	<i>LCHS Graduation Requirements</i>
English (9 English, 10 English, 2 credits English elective)	4
Mathematics (Algebra, Geometry, 1 credit Math elective)	3
Social Studies (US History, Global-Civics, CWP)	3
Science (Freshman Physics, Biology, 1 credit Science elective)	3
Occupational	1
Fitness/PE	1.5
Health	.5
World Language or Personalized Pathway	2
Fine Art (1 credit can be Personalized Pathway)	2
Elective	4
<i>Total Credits</i>	24

Class Changes

Student-initiated class changes will be confined to a period of five days after the beginning of each semester. A detailed process involving the signature of the parent, the teacher to be dropped, and the teacher to be added, as well as the principal's and counselor's approval must be followed. Students who drop or withdraw from a class after the twelfth day that is in session will be subject to a failing grade in that class.

Rules and Considerations

Students, in consultation with their parents and school counselor, are responsible for knowing and completing graduation requirements. Questions concerning requirements may be directed to the school counselor.

Report Cards/Progress Reports

Students and parents may access grades through Skyward. Please contact the high school office at 360-263-1700 for your login information.

Note:

Acceptance into most 4-year universities requires two or more years of a World Language.

Students seeking to participate in band, choir, or drama all four years of high school may be required to take on-line courses to create credit capacity. Please see a counselor for details.

***Those classes marked with an asterisk may also receive an occupational credit if connected to the High School and Beyond Plan. Additional work is required to meet the occupational credit.**



ENGLISH



Ninth Grade English

Open to Grades: 9

Length of Course: Full Year

Grad. Requirement: English

Prerequisite: None

Goals/Skills Developed: 9th grade English is a required course of all ninth graders (unless otherwise stated on an IEP). Students will acquire skills in the areas of: literary analysis, short stories, poetry, drama, novels, myth and legend, composition, vocabulary, studying, spelling, short story writing, thinking, nonfiction, reading, test-taking, writing research papers, letter writing, public speaking, and listening.

Assignments: Worksheets, quizzes, exams, composition, speeches, group projects.

Tenth Grade English

Open to Grades: 10

Length of Course: Full Year

Grad. Requirement: English

Prerequisite: 9th Grade English

Goals/Skills Developed: In 10th grade English, which is required of all sophomores (unless otherwise stated on an IEP), students will further refine the skills acquired in Ninth Grade English. In addition, students will expand their skills in critical thinking and further develop a variety of writing modes.

Assignments: Worksheets, quizzes, exams, compositions, speeches, questions, presentations and projects.

Digital Design

Open to Grades: 10 - 12 (Limit of 15 students)

Length of Course: Full Year

Graduation Requirement: English Elective or Occupational Credit

Cost: You will need to provide your own transportation to school events and local businesses, and you must have an ASB card.

Prerequisites: Mr. Zylstra's permission. Strong writing skills are very important. Also, you are required to attend the spring yearbook meeting and complete the summer yearbook project.

Goals/Skills Developed: You will be designing, writing, and taking photos for the La Center High School yearbook. You will also sell and design business advertisements for the yearbook. It is really important for students to be able to set goals and work independently. You will be graded on your contribution to the class and your ability to do quality work in a timely manner.

Pre-AP Ninth Grade English

Open to Grades: 9

Length of Course: Full Year

Grad. Requirement: English

Prerequisite: 8th grade middle school English teacher's recommendation

Goals/Skills Developed: This course is strongly recommended for college-bound students who wish to expand their knowledge of literature and further develop their communication skills through literary analysis, discussion, and presentation. Although the curriculum will be essentially the same as that used for all ninth grade English classes, the depth and breadth of accompanying assignments and projects will be more independent as well as a project related to each. Independent reading (including summer reading) is also a part of the class.

Pre-AP Tenth Grade English

Open to grade: 10

Length of Course: Full Year

Grad. Requirement: English

Prerequisite: 9th grade English teacher recommendation or see Ms. Grotte

Goals/Skills Developed: This course is strongly recommended for college bound students who wish to expand their knowledge of literature and further develop their communication skills through literary analysis, discussion, and presentation. Although the curriculum will be essentially the same as that used for all tenth grade English classes, the depth and breadth of accompanying assignments and projects will be more demanding. Students will be expected to read literary works independently (including summer reading) and to complete a project related to each.



ENGLISH



Literature of Survival

Open to Grades: 11 & 12

Length of Course: Semester or full year

Grad. Requirements: English or Elective

Prerequisite: 9th Gr English & 10th Gr English

Goals/Skills Developed: Students will be reading, discussing, and writing about a variety of classic and contemporary novels based on a theme of adventure and survival. The assignments in this course will take the form of weekly journaling as well as several larger assignments. Authors will include Frank, Krakauer, Remarque, Ambrose, L'Amour, Shackleton, and others. In addition this traditional English class will be combined with experiential experiences via our school's challenge course.

Assignments: This will take the form of quizzes, exams, papers, and in-door and out-door projects.

Film Criticism

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: English or Elective

Prerequisite: 9th and 10th Grade English

Goals/Skills Developed: Students will broaden their appreciation of the American cinema through an in-depth study of its development from the late 19th century through the 1990s. Along the way, students will learn about the art of filmmaking and the major developments in the American cinema. Attendance is a key element in this course because of the nature of the work.

Assignments: Quizzes, reading guides, group presentations, exams, creative projects and essays.

AP English Language and Composition

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: English or Elective

Prerequisite: none

Goals/Skills Developed: AP English Language and Composition is an introductory college-level composition course. Students cultivate their understanding of writing and rhetorical arguments through reading, analyzing, and writing texts as they explore topics like rhetorical situation, claims and evidence, reasoning and organization, and style. It is expected that students enrolled in AP English Language & Composition will take the AP exam in May. Students earning a 3 or higher on the AP exam may earn college credit, depending on the college they choose. There will be a summer reading assignment prior to the class.

***NOTE:** AP English Language and Composition will be offered alternating years in conjunction with AP English Literature & Composition. Students may complete both courses over two years.



ENGLISH



Novel & Short Story

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirements: English or Elective

Prerequisite: 9th and 10th Grade English

Goals/Skills Developed: Students will be reading, discussing, and writing about a variety of significant American and English novels and short stories. The assignments in this course emphasize a close reading of the text and analysis of the novel or short story, using literary concepts and participation in class discussion concerning the works. Authors will include Orwell, Golding, Kingsolver, Cormier, Gaines, and Knowles.

Assignments: This will take the form of quizzes, exams, papers, and projects.

World Mythology

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: English or Elective

Prerequisite: 9th and 10th grade English

Goals/Skills Developed: This course examines the common types of myths as well as the commonality of myths using a variety of text from various cultures around the world. We will also discuss modern applications of mythology and how humans use mythology to answer ethical problems and make sense of their place in the cosmos. Students will read, analyze and respond to the myths through academic and creative papers as well as producing creative projects.

Literature of the

Stage & Screen

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: English or Elective

Prerequisite: 9th and 10th Grade English

Goals/Skills Developed: This one semester English elective focuses on exploring the elements of literature through reading, writing, and analyzing plays and screenplays. The class gives students an opportunity to connect with literature as active readers involved in the language of texts specifically created as blueprints for stage and screen performances. The assignments in this class range from creative writing projects to tests and essays. Works from Shakespeare, Tennessee Williams, Neil Simon, Edmond Rostand, and Jerome Williams are included.

Shakespeare (AKA Chill with Will)

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: English or Elective

Prerequisite: 9th and 10th grade English

Goals/Skills Developed: Since most students have been exposed, and will be exposed, to the traditional Shakespearean tragedies, this course will offer a different and balanced basic introduction to the Bard's works (plays and sonnets.) Students will gain reading strategies that will allow them to become active interpreters of the Bard's language so that they will have access to topics that were relevant in the Elizabethan times as well as in our own culture. Students will use Shakespeare's works as a way to think, talk, and write in compelling ways about such topics as power, gender, anger, pride or civility.



ENGLISH



Women's Studies 1

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirements: English, US History or Elective

Prerequisite: None

Goals/Skills Developed: Women's Studies 1 is a class designed to look at the historical aspect of women's rights from 1700 - present. It will also examine women's issues of today such as equal pay, glass ceiling, cycle of violence, as well as many other topics. This class is designed to enhance student's understanding of the world outside of what they know.

Women's Studies 2

Open to Grades: 12

Length of Course: Full year

Grad. Requirements: English, CWP or Elective

Prerequisite: Seniors who have completed Women's Studies 1.

Goals/Skills Developed: Women's Studies 2 looks at current issues through the eyes of women. Newspapers, magazines, poetry, novels and guest speakers will allow students to understand the current national and international roles and struggles of women. This class will also undertake a service project to give back to the community as well as follow all other guidelines required by CWP classes.

*Environmental Studies

Open to Grades: 10 – 12 (9th with permission- see the Middle School counselor.)

Length of Course: Full year

Grad. Requirement: 1.0 credit each: English (9-12), Social Studies (US History, Global Studies-Civics or CWP) or Occupational or Elective **See counselors for clarification.*

Prerequisite: Letter of interest must be submitted (Emailed to Ms. Morris or submit on on paper).

Goals/Skills Developed: Ecology, communications, evaluating bias in media and policies, writing, research, critical thinking, mentoring younger learners, social studies, budgeting and cost analysis, community outreach, leadership, goal setting, plan creation, problem solving and plan implementation.

Why you should take this course: If you: prefer smaller classes, enjoy interactive projects and hands-on activities, enjoy being outdoors and working in a garden or along a creek, think about pursuing a job or career in the natural resources/ environmental sciences or teaching field, believe in a more integrated approach to learning, enjoy mentoring younger learners, prefer a direct connection between learning and the real-world and/or want to make a positive impact upon your school and community, ESC might be for you. This class serves to prepare students through academic rigor (good for college or future years of HS) as well as being active members in their community. ***Note:** Environmental Studies may be taken for 1 or more years.



MATH



Algebra I

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Math

Prerequisite: None

Goals/Skills Developed: This course introduces students to the basic elements of Algebra. Students are provided with a “consumable” textbook that will provide opportunities for exploration in connection with direct instruction. There are links to online video tutorials as an additional resource.

Topics covered in this course will include: Equations, Inequalities, Functions, Linear Functions, Systems of Equations and Inequalities, Exponents and Polynomials, Factoring Polynomials, Quadratic Functions and Equations, Exponential Functions and Data Analysis.

Algebra II

Open to Grades: 10 - 12

Length of Course: Full year

Grad. Requirement: Math

Prerequisite: Successful completion of Geometry with a C or better, or teacher recommendation.

Goals/Skills Developed: This course expands upon the student’s prior understanding of Algebra. Students are provided with a “consumable” textbook that will provide opportunities for exploration in connection with direct instruction. There are links to online video tutorials as an additional resource.

Topics covered in this course will include: Foundations for Functions, Quadratic Functions, Polynomial Functions, Exponential and Logarithmic Functions, Rational and Radical Functions, Properties and Attributes of Functions, Probability, Data Analysis and Statistics, Sequences and Series, Trigonometric Functions, Trigonometric Graphs and Identities and Conic Sections.

Geometry

Open to Grades: 9 - 12

Length of Course: Full year

Grad. Requirements: Math

Prerequisite: Successful completion of Algebra I with a C or better, or teacher recommendation.

Goals/Skills Developed: This course introduces students to the basic elements of Geometry. Students are provided with a “consumable” textbook that will provide opportunities for exploration in connection with direct instruction. There are links to online video tutorials as an additional resource.

Topics covered in this course will include: Foundations for Geometry, Geometric Reasoning, Parallel and Perpendicular Lines, Triangle Congruence, Properties and Attributes of Triangles, Polygons and Quadrilaterals, Similarity, Right Triangles and Trigonometry, Extending Transformational Geometry, Extending Perimeter, Circumference and Area, Spatial Reasoning and Probability.

Financial Algebra

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: 3rd year Math credit

Prerequisites: Algebra I, Geometry or teacher approval.

Goal / Skills Developed: Financial Algebra is an advanced algebra course with practical applications of mathematical concepts. Students work together to problem-solve and draw connections between the various topics. Topics covered in this course will include: Stock Market, Modeling a Business, Banking Services, Consumer Credit, Auto Ownership, Employment Basics, Income Taxes, Independent Living, Retirement and Budgeting.



MATH



Pre-Calculus

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirements: Math

Prerequisites: Successful Completion of Algebra II with a C or better, or teacher recommendation.

Goal/Skills Developed: This course builds upon all previous courses so that students will be prepared to meet the demands of AP Calculus.

Topics covered in this course will include:

Relations, functions, linear functions, polynomial functions, rational functions, trigonometric functions, exponential functions, logarithmic functions, inverses of functions, trigonometric identities, polar coordinates, complex numbers, limits, and an introduction to calculus.

Probability & Statistics

Open to Grades: 10 - 12

Length of Course: Full year

Prerequisite: Successful completion of Algebra II.

Goals/Skills Developed: Similar to AP Statistics, this course will focus on exploring data, planning a study, producing and analyzing models using probability theory, and making statistical inferences. More focus and time will be spent on probability theory and on simulations than in AP Statistics. This course will not cover all of the AP Statistics topics, but will serve as a thorough introduction to probability and statistics and their uses in our world.

Why you should take this course: Statistics has astonishing power to improve decision-making accuracy and test new ideas. It's a key analytical tool used in education, the social sciences, and business administration and is often a required college subject for majors in those areas. Statistics is used for data analysis in the sciences and forms the mathematical basis for quality control in manufacturing. In general, reasoning based on probability and statistics gives modern society the ability to cope with uncertainty.

AP Calculus

Open to Grades: 11 & 12

Length of Course: Full Year

Grad. Requirement: Math

Prerequisite: Successful completion of Pre-Calculus.

Goals / Skills Developed: This is a college level course in differential and integral calculus, equivalent to one semester of calculus at most universities. Topics include a review of functions, an introduction to limits and continuity, derivatives and their applications, integrals and their applications, anti-derivatives and the Fundamental Theorem of Calculus, and an introduction to differential equations using slope fields. There is an emphasis on conceptual understanding and working with functions represented graphically, numerically, analytically and verbally. The TI-83 graphing calculator is used extensively in this course. It is expected that students enrolled in AP Calculus will take the AP exam in May. Students earning a 3 or higher on the AP exam may earn college credit, depending on the college they choose.



SCIENCE



Freshman Physics

Open to Grades: 9

Length of Course: Full Year

Grad. Requirement: Lab Science

Prerequisite: None

Goals/Skills Developed: This course is for all 9th grade students and satisfies one year of laboratory science which is required for graduation. Students will apply the study of forces, motion, energy, waves and their interactions to the earth, solar system and universe. Modeling and engineering design will be utilized in order to explore possible solutions to complex, real-world problems.

Biology

Open to Grades: 10

Length of Course: Full Year

Grad. Requirement: Lab Science

Prerequisite: Sophomore standing required or by teacher approval.

Goals/Skills Developed: This introductory life science course develops a conceptual understanding of the unifying principles of biology: ecology, evolution, continuity, development, homeostasis, energy, matter and organization. Students will develop proficiency in applying a scientific problem-solving approach while building reading comprehension and vocabulary. Various lab activities will be used to illustrate concepts.

AP Physics 1

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: Lab Science or Elective

Prerequisite: Completion of Algebra II or teacher recommendation.

Goals/Skills Developed: AP Physics 1 is an algebra-based course in general physics. Topics presented closely follow those outlined by the College Board.

Six big ideas constitute the fundamental principles and theories of general physics. These big ideas are intended to have students think about physics as interconnected concepts rather than non-related topics. Students have the opportunity to think about these topics by participating in inquiry-based activities. They will spend less in a traditional formula-based learning environment and more time developing critical thinking and reasoning skills.

Big Idea 1: Objects and systems have properties such as mass and change. Systems may have internal structure.

Big Idea 2: Fields existing in space can be used to explain interactions.

Big Idea 3: The interactions of an object with other objects can be described by forces.

Big Idea 4: The interactions between systems can result in changes in those systems

Big Idea 5: Changes that occur as a result of interactions are constrained by conservation laws.

Big Idea 6: Waves can transfer energy and momentum from one location to another without the permanent transfer of mass and serve as a mathematical model for the description of other phenomena.



SCIENCE



Marine Biology

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Lab Science or Elective

Prerequisite: 2.0 credits of high school science

Goals/Skills Developed: This course is for students who are interested in developing an understanding of the basic concepts of Marine Biology. It is intended for students at all levels who are motivated to learn more about the oceans of the world and the organisms that live in them. The course is designed to include the study of the marine organisms of our own coastal area as well as others around the world. Laboratory activities will be an integral part of the course. The major areas of study will include: The World's Oceans, Chemical and Physical Factors, Marine Plants, Marine Invertebrates/Vertebrates, Marine Ecology and Biomes.

Forensics

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Lab Science or Elective

Prerequisite: 2.0 credits of high school science

Goals/Skills Developed: Have you ever wanted to solve a crime? This course offers either a science or an elective credit in a laboratory setting. The class will include a hands-on approach to basic forensic techniques, including fingerprinting, scene control, and chromatography. You will experience the fascinating world of forensics investigations.

Zoology

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Lab Science or Elective

Prerequisite: 2.0 credits of high school science

Goals/Skills Developed: This course will survey the biology and classification of invertebrate and vertebrate animals. Comparative physiology, development, behavioral and anatomical studies will be emphasized. Lab work will involve dissection.

Food Science

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Science or Elective

Prerequisite: 2.0 credits of high school science

Goals/Skills Developed: This course is very unique as it covers food in a different perspective. This includes food illness, food preparation and how science relates to the making of certain foods (i.e.; how pancakes rise or why peanut brittle is so tough to make). Anyone wishing to enter a career in this expanding field will take away valuable knowledge of how the industry operates and how it has changed. We will also have fun in making and voting on several recipes that may taste terrible or amazing. You could become the next LC Chef.



SCIENCE



Junior Chemistry

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Lab Science or Elective

Prerequisite: None

Goals/Skills Developed: This semester long class will help students meet the state standards in chemistry. Areas of study will include the periodic table, including patterns, properties, bonding, and energy; reactions, including electron states, electrical forces, bond energy, effects of temperature change, increased products, and conservation of energy and mass; and molecular chemistry, including fusion, fission, and radioactive decay.

This course will also highlight an understanding of the practical connections and applications of chemistry to everyday life. Successful completion of this course will provide students with a firm base of knowledge for further scientific studies and/or careers.

General Chemistry

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: Lab Science or Elective

Prerequisite: 2.0 credits of high school science

AND at least Geometry with a C or better

Goals/Skills Developed: This is a comprehensive high school chemistry class which will incorporate the standards listed under the Junior Chemistry course description with additional scientific explorations in the second semester. Those additional scientific principles will include gas laws, thermodynamics, acid/base chemistry, stoichiometry, and organic structures.

This course will also highlight an understanding of the practical connections and applications of chemistry to everyday life. Successful completion of this course will provide students with a firm base of knowledge for further scientific studies and/or careers.

Anatomy & Physiology

Open to Grades: 11 & 12

Length of Course: Full Year

Grad. Requirement: Lab Science or Elective

Prerequisite: 2.0 credits of high school science with a C or better

Goals/Skills Developed: This is a two-semester course in which anatomy and physiology is studied with an emphasis on structure and functions of systems. A comprehensive, introductory overview of human anatomy and physiology includes: basic fundamental concepts of cell biology, tissues and organs making up the integumentary, skeletal, muscular, and nervous, endocrine, cardiovascular, lymphatic and immune, respiratory, digestive, urinary, and reproductive systems. Students will need to be able to access information from college-level reading material and participate in all dissections.

**NOTE: AP Biology will be offered alternating years in conjunction with Anatomy & Physiology.*



SOCIAL STUDIES



United States History

Open to Grades: 9-10

Length of Course: Full Year

Grad. Requirement: Required Social Studies

Prerequisite: None

Goals/Skills Developed: US History investigates America's colorful and rich past. Students will understand the fundamental principles of American politics and economics. This fundamental study will enable students to understand their role in American society. Students will have a greater appreciation and understanding of America's past in order to become informed citizens. This history class will focus on 20th century United States history, with a concentration on World War II and Vietnam.

AP US Government & Politics

Open to Grades: 10 - 12

Length of Course: Full year

Grad. Requirement: US History or Elective

Prerequisite: Instructor permission.

Goals/Skills Developed: AP Government and Politics is a college-level course that explores the political theory and everyday practice that direct the daily operation of the U.S. government and shapes our public policies. It will also provide the students with an analytical perspective on government and politics in the United States. This course includes both the study of general concepts used to interpret U.S. government and politics and analysis of specific examples. It is expected that students enrolled in AP Government and Politics will take the AP exam in May. Students earning a 3 or higher on the AP exam may earn college credit, depending on the college they choose.

Washington State History

Open to Grades: 10 - 12

Length of Course: Semester

Grad. Requirement: Required Social Studies

Prerequisite: None

Goals/Skills Developed: This class focuses on geography, natural, cultural, and political history, and the constitution, of Washington State. Students will analyze the role that Washington played in the 19th and 20th century development of our country. Lastly, they will analyze some of the current issues facing the state, and evaluate their impact on the future.

Global Studies - Civics

(World Geography/World History/Civics)

Open to Grades: 10 - 11

Length of Course: Full Year

Grad. Requirement: Required Social Studies

Prerequisite: None

Goals/Skills Developed: The Global Studies and Civics class will emphasize four distinct areas of study:

Civics – This section will examine important concepts including historical and philosophical foundations of our country's ideas about constitutional government, the creation of the Constitution, the Bill of Rights, the expansion of rights, and how the branches of government are organized.

Comparative Religion – This section explores the three western monotheistic faiths of Judaism, Christianity, and Islam as well as the eastern faiths of Hinduism and Buddhism. We will explore the similarities and differences in these belief systems, rituals, and their symbolism. Students will also analyze the role religion has played throughout human history and into contemporary world issues.

Imperialism – The history of European Imperialism in its political, economic, and cultural dimensions from the 1840s through the 1960s will be explored in this section. While much of the class will focus on the place of imperialism in European society, we will also engage with case-studies and counter-narratives from Africa, India, and Asia, which offer experiences and perspectives that contrast vividly with those of the Europeans.

People and Planet – Where things are located impact human societies, international trade and relations, as well as other lifeforms on our planet. This section looks at how people live around the world and how location and natural resources shape their culture, history and present way of life.



SOCIAL STUDIES



Women's Studies 1

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirements: English, US History or Elective

Prerequisite: None

Goals/Skills Developed: Women's Studies 1 is a class designed to look at the historical aspect of women's rights from 1700 - present. It will also examine women's issues of today such as equal pay, glass ceiling, cycle of violence, as well as many other topics. This class is designed to enhance student's understanding of the world outside of what they know.

Women's Studies 2

Open to Grades: 12

Length of Course: Full year

Grad. Requirements: English, CWP or Elective

Prerequisite: Seniors who have completed Women's Studies 1.

Goals/Skills Developed: Women's Studies 2 looks at current issues through the eyes of women. Newspapers, magazines, poetry, novels and guest speakers will allow students to understand the current national and international roles and struggles of women. This class will also undertake a service project to give back to the community as well as follow all other guidelines required by CWP classes.

CWP (Contemporary World Problems)

Open to Grades: 12

Length of Course: Full Year

Grad. Requirement: Required Social Studies

Prerequisite: Senior Standing

Goals/Skills Developed: This course will be divided into two areas of focus. The first focus will be to study domestic issues facing the United States. The second part will examine international issues affecting the U.S. and the global community. An emphasis will be placed on the skills of communication, analysis, evaluation, and problem solving. Awareness of current events is mandatory.

*Environmental Studies

Open to Grades: 10 – 12 (9th with permission- see the Middle School counselor.)

Length of Course: Full year

Grad. Requirement: 1.0 credit each: English (9-12), Social Studies (US History, Global Studies-Civics or CWP) or Occupational or Elective **See counselors for clarification.*

Prerequisite: Letter of interest must be submitted (Emailed to Ms. Morris or submit on on paper).

Goals/Skills Developed: Ecology, communications, evaluating bias in media and policies, writing, research, critical thinking, mentoring younger learners, social studies, budgeting and cost analysis, community outreach, leadership, goal setting, plan creation, problem solving and plan implementation.

Why you should take this course: If you: prefer smaller classes, enjoy interactive projects and hands-on activities, enjoy being outdoors and working in a garden or along a creek, think about pursuing a job or career in the natural resources/ environmental sciences or teaching field, believe in a more integrated approach to learning, enjoy mentoring younger learners, prefer a direct connection between learning and the real-world and/or want to make a positive impact upon your school and community, ESC might be for you. This class serves to prepare students through academic rigor (good for college or future years of HS) as well as being active members in their community. ***Note:** Environmental Studies may be taken for 1 or more years.



WORLD LANGUAGES



German I

Open to Grades: 9 - 12

Length of Course: Full year

Grad. Requirement: World Language

Prerequisite: None

Goals/Skills Developed: In German I students will learn introductory German grammar, vocabulary, and pronunciation. Conversation will be a huge part of the class, helping to continually reinforce new German vocabulary and concepts. We will also touch on German, Swiss, and Austrian culture.

German II

Open to Grades: 10 & 12

Length of Course: Full year

Grad. Requirement: World Language

Prerequisite: Completion of German 1

Goals/Skills Developed: In German II students will be acquiring the German language primarily through reading, writing, and storytelling. Students will enrich their vocabulary with the most commonly used words in the German language. They will gain a clearer understanding of German grammar as we tackle more intricate grammatical features. Students will also be responsible for creating German conversations and skits to show mastery of the vocabulary.

American Sign Language (ASL I)

Open to Grades: 9-12

Length of Course: Full Year

Grad. Requirement: Foreign Language or Elective

Prerequisite: None

Goals/Skills Developed: This course is designed to provide students with the basic technical skills needed when communicating with Deaf people. This course will incorporate vocabulary, grammar, proper etiquette such as interrupting; and a basic understanding of the importance of communication and how it relates to the American Deaf culture.

Assignments: Tests, quizzes, homework, creative projects, and interactive activities. A great deal of class time will be spent with "voices off."

Spanish I

Open to Grades: 9 - 12

Length of Course: Full year

Grad. Requirement: World Language

Prerequisite: None

Goals/Skills Developed: Students will learn to understand, speak, read, and write Spanish at an elementary level. Listening and speaking will be emphasized along with reading and written work. Students will be introduced to various aspects of the Hispanic cultures to increase their awareness of other viewpoints. Students will be able to conduct simple conversations.

Assignments: Daily assignments, quizzes, oral discussion, projects and exams

Spanish II

Open to Grades: 10 & 12

Length of Course: Full year

Grad. Requirement: World Language

Prerequisite: Completion of Spanish I

Goals/Skills Developed: Continuation and refinement of listening, speaking, reading, and writing skills begun in first year Spanish.

Assignments: Daily oral discussion, written assignments, quizzes, exams, and projects.

Spanish III

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: World Language

Prerequisite: Completion of Spanish I & Spanish II

Goals/Skills Developed: Spanish III builds on the foundation of Spanish I and Spanish II. Speaking, listening, reading and writing skills will be improved. Students will become more sophisticated in their use of the language. More emphasis will be placed on reading, writing, grammar and culture than during the first two years. There will be more emphasis on independent learning.



FINE ARTS



***Ceramics I**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirements: Fine Art or Elective

Prerequisite: None

Cost: \$10

Goals/Skills Developed: Students enrolled in this course engage in a series of assignments designed to explore various aspects of working with clay. Students will learn design and planning concepts specific to this media. Students are expected to attend classroom demonstrations and to participate actively in classroom discussions and critique sessions. Ceramic instruction will include hand building, slab construction, sculptural fabrication, and introduction

***Ceramics II**

Open to Grades: 9 - 12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: Ceramics I

Cost: \$10

Goals/Skills Developed: Students will engage in a deeper exploration, building upon skills learned in Ceramics I. Students will increase skills in design and planning concepts specific to this media. Students are expected to attend classroom demonstrations and to participate actively in classroom discussions and critique sessions. Ceramic instruction will include hand building, slab construction, sculptural fabrication and kiln firing and glazing techniques.

***Ceramics III**

Open to Grades: 10-12

Length of Course: Semester

Grad Requirement: Fine Art/Elective

Prerequisite: Ceramics II, C or better

Cost: \$10

Goals/Skills Developed: Students will more deeply build upon skills learned in their first year of ceramics courses. Students are expected to attend class and participate actively. Student work will be primarily self-driven as students will have a mix of assigned tasks to advance specific skills and studio work that is developed and designed entirely by the artist. This course requires self-discipline and artistic drive.

***Ceramics IV**

Open to Grades: 10-12

Length of Course: Semester

Grad Requirement: Fine Art/Elective

Prerequisite: Ceramics III, C or better

Cost: \$10

Goals/Skills Developed: Students will continue improving skills gained in Ceramics III. Students are expected to attend class and participate actively. Student work will be primarily self-driven as students will have a mix of assigned tasks to advance specific skills and studio work that is developed and designed entirely by the artist. This course requires self-discipline and artistic drive.

Advanced Ceramics Studio

Open to Grades: 11-12

Length of Course: Semester

Grad Requirement: Fine Art/Elective

Prerequisite: Ceramics IV, permission from Ceramics teacher

Cost: \$10

Goals/Skills Developed: Advanced Ceramics Studio is designed as an open studio course. Students will be responsible for developing and designing their own projects that utilize a variety of skills. This course requires self-discipline and artistic drive. Attention to detail, craftsmanship and strong time management skills will be required.



FINE ARTS



***Art Foundations I**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Fine Art/Elective

Prerequisite: None

Cost: \$10.00 per semester

Goals/Skills Developed: This class explores the foundations of art and design including the elements of art and the principles of art and design. Various mediums will be used including pencil, colored pencils, ink, oil pastels, acrylic paint and watercolor paint. Students will learn perspective, shading and portrait drawing among other concepts including exploring 3-Dimensional art. In addition to the class fee, students will be expected to provide a sketchbook and some art supplies for this class.

***Art Foundations II**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Fine Art/Elective

Prerequisite: Art Foundations I

Cost: \$10.00 per semester

Goals/Skills Developed: This class will further explore the foundations of art and design learned in Art Foundations I. Students will learn about different styles and techniques used throughout art history as they gain additional skills with various mediums. They will use their creativity to complete more detailed and extensive projects. In addition to the class fee, students will be expected to provide a sketchbook and some art supplies for this class.

***Drawing & Painting I**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Fine Art or Elective

Prerequisite: None

Cost: \$10

Goals/Skills Developed: This course will explore the fundamentals of drawing and painting as a means of personal expression. Students will develop drawing and painting techniques and become fluent in the language of line, shape, value, space, and color; and understand the element and principles of art and design. Students will be exposed to the history of art, contemporary art, and learn to critically examine the visual world. Students will produce works using a variety of techniques and mediums: scratchboard, pen and ink, charcoal, dry pastel, oil pastel, watercolor, and acrylic paint.

***Drawing & Painting II**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Fine Art or Elective

Prerequisite: Drawing and Painting I

Cost: \$10

Goals/Skills Developed: This course will continue exploring the fundamentals of drawing and painting with an emphasis on perfecting drawing and painting techniques. Students will be exposed to the history of art, contemporary art, and learn to critically examine the visual world. Students will produce works using a variety of techniques and mediums: scratchboard, pen and ink, charcoal, dry pastel, oil pastel, watercolor, and acrylic paint.



FINE ARTS



***Theatre Arts I**

Open to Grades: 9 - 12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: None

Goals/Skills Developed: This course will introduce students to theatre as both an art form of historical significance and a practical craft requiring a wide variety of talents and practical skills. Through reading, viewing, researching, presenting and set building, students will experience theatre history, set and lighting design, set construction, costume and make-up design and the production process. Students must be able to work independently and will be required to demonstrate a high level of responsibility, safe building practices and the ability to follow complex instructions.

***Theatre Arts II**

Open to Grades: 9-12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: Theatre Arts I

Goals/Skills Developed: This course will take a more in-depth approach to the study of theatre. Students will be asked to build upon the foundation developed in Theatre Arts I. Much of this course will be hands-on and will require self-discipline and motivation. Students will get a first-hand look at what goes on behind the scenes for a theatre production. They will be asked to work in cooperative learning groups, where students will need to share their expertise and skills to teach, as well as learn, from their classmates. Students must be able to work independently and will be required to demonstrate a high level of responsibility, safe building practices and the ability to follow complex instructions.

***Theatre Arts III**

Open to Grades: 10 - 12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: Theatre Arts II

Goals/Skills Developed: Theatre Arts III and IV are designed for the student who is serious about all technical aspects of theatre. Each section is individualized based on the needs and strengths of each student. The culmination of the course is witnessed in the final lighting, sound, scenery, costumes, publicity, props, and programs of the fall or spring play. Students must be able to work independently and will be required to demonstrate a high level of responsibility, safe building practices and the ability to follow complex instructions.

***Theatre Arts IV**

Open to Grades: 10 - 12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: Theatre Arts III

Goals/Skills Developed: Theatre Arts III and IV are designed for the student who is serious about all technical aspects of theatre. Each section is individualized based on the needs and strengths of each student. The culmination of the course is witnessed in the final lighting, sound, scenery, costumes, publicity, props, and programs of the fall or spring play. Students must be able to work independently and will be required to demonstrate a high level of responsibility, safe building practices and the ability to follow complex instructions.



FINE ARTS



***Stagecraft**

Open to Grades: 10-12

Length of Course: Full Year

Grad Requirement: Fine Art or Elective

Prerequisite: Teacher Approval

Goals/Skills Developed: Membership in Stagecraft requires an application and teacher approval. Students will work in the four major theatre disciplines: Scenic, Costume, Lighting and Sound. They will gain practical experience in both the design and execution of those practices as well as the overall production process. Students must be able to work independently and will be required to demonstrate a high level of responsibility, safe building practices and the ability to follow complex instructions. Stagecraft requires significant after school involvement.

***Acting**

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirements: Fine Art or Elective

Prerequisite: None

Goals/Skills Developed: Acting is a progressive course that will last two semesters. This course is designed for students who want to study theatre with an emphasis on acting. The course will provide training in reading, analyzing, and performing scenes and short plays from a variety of works by playwrights. The course will also provide experiences in stage movement, vocal dexterity, emotional and imaginative expression. *No audition required.*

***Advanced Acting**

Open to Grades: 10 - 12

Length of Course: Full Year

Grad. Requirements: Fine Art or Elective

Prerequisite: Audition Required

Goals/Skills Developed: Advanced Acting is a progressive course that will last two semesters. This course is designed for students who want an intensive theatre course with an emphasis on acting. Significant after school involvement will be required. *Freshmen will be considered on recommendation from their middle school drama teacher only.*



FINE ARTS



***Select Treble Choir**

Open to Grades: 9 - 12

Length of Course: Full Year during zero period

Grad. Requirement: Fine Art or Elective

Cost: \$55 - \$65 per year for choir outfit

Prerequisites: By audition only

Goals/Skills Developed: Membership for this select choir is based on a successful audition. Select Choir members are expected to exhibit strong vocal techniques, music reading skills and performance practices. This choir performs advanced level literature from a variety of styles and genres of choral literature.

***Concert Band**

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Fine Art or Elective

Cost: \$10.00 covers uniform cleaning for the school year.

Prerequisite: Students must demonstrate an entrance proficiency skill of Level III.

Goals/Skills Developed: Concert Band members participate in a wide variety of activities including evening concerts, entertainment at athletic events, large group festivals and more. All members are automatically members of the pep band. Basic music skills developed (sight-reading, intonation, rhythm, listening, etc.) will be refined and perfected. Assignments: Performances both during school and outside of the regular school day including concerts, assemblies, community events, and festivals are required. Excellent attendance, preparation, sectionals, participation in class, and playing tests are required.

***Percussion**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Fine Art or Elective

Prerequisite: None

Cost: \$10

Goals/Skills Developed: This class will make up the Select Drum Line for the Concert Band and the Bucket Ensemble. The Drum Line members will perform with the Pep Band at most home games and selected playoff games, as well as competitions and festivals outside of school. This class will cover how to play all concert percussion and drumline instruments as well as drum set. This class is open to all ability levels though prior experience in Drumming, Concert Band, or other music classes is recommended.

***Choral Ensemble**

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Fine Art or Elective

Cost: \$10.00 covers robe cleaning for the school year.

Prerequisites: None

Goals/Skills Developed: A selected mixed choir open to all grades. Students will study and perform various choral styles including both secular and sacred choral music. Enrolled students will be expected to perform at concerts, community events, and competitions. Students will learn to demonstrate pitch abilities as well as musical reading skills. Music reading skills are not required, but the student must demonstrate an ability to learn music technique.

***Jazz Band**

Open to Grades: 9 - 12

Length of Course: Full Year during zero period

Grad. Requirement: Fine Art or Elective

Prerequisite: By audition only

Goals/Skills Developed: The jazz band plays various types of music including swing, blues, Latin and rock. Improvisation is an important form of soloing for this group and is one of the skills which will be taught. Typical instrumentation includes: 5 trumpets, 4 trombones, 2 alto saxes, 2 tenor saxes, 1 baritone sax, 1 drummer, 1 bass, 1 guitar, and 1 piano. Assignments: Performances both during school and outside of the regular school day including concerts, assemblies, community events, and festivals. Excellent attendance, written work, participation in class, and playing tests are required.



OCCUPATIONAL



***Wood/Metal Trades I**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10.00 per semester

Goals/Skills Developed: An exploratory course that generally exposes individuals to precision production careers and skills. Includes instruction in basic welding, machining, woods, and safety standards.

***Small Engines I**

Open to Grades: 9 - 12

Length of course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost \$10.00 per semester

Goals/Skills Developed: If you like to work on engines, this is the class for you. Students will gain skills by studying and having practical hands-on experience. Small engine repair is a course that will introduce many types of internal combustion engines. Students will develop skills and knowledge by being able to correctly identify, disassemble, inspect, repair and operate a two or four stroke engine. General maintenance and tune-up of the auto engine will also be covered along with alternative fuels and how they relate to the operation of the internal combustion engine.

***Residential Construction**

Open to Grades: 10 - 12

Length of Course: Semester or Full Year

Grad. Requirement: Occupational or Elective

Prerequisite: Wood/Metal Trades I & II

Cost: \$10

Goals/Skills Developed: If you like hands-on learning and constructing real-world projects while preparing for a high-demand job, then this is the course for you. This course will culminate with the construction of sheds which will later be converted into a tiny house in the Residential Carpentry class. This class will prepare students for entry-level jobs in construction as well as skills every homeowner should have for maintenance. Instructional activities include: blueprint reading, framing, siding, roofing, cutting, fitting, fastening, and finishing woods and steel products; the safe use of a variety of hand and power tools; the use of squaring and leveling tools; and job readiness-training for entrance into construction and construction-related occupations.

***Wood/Metal Trades II**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: Wood/Metal Trades I

Cost: \$10.00 per semester

Goals/Skills Developed: This course follows Wood/Metal Trades I and expands upon the skills of welding, machining, and woods. Students will further explore careers in these skill areas.

***Automotive Technology**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: Successful completion of Small Engines I

Cost: \$10.00 per semester

Goals/Skills Developed: This course provides students with an introduction to the automotive field. Students will learn how to take care of cars and trucks, about the basic components of a motor vehicle, its operation, and the service required to sustain it safely. Safety and appropriate tool usage is stressed. Students will troubleshoot and problem-solve while working on various cars during this course. Topics will include basic automotive maintenance and repair, brakes, steering and suspension, engine performance, electrical systems, fuel systems, alternative fuels and drive train. Maintenance and repair of today's complex automobile systems requires highly skilled and trained technicians. Students who complete this class will have a head start on gainful employment in the automotive industry.



OCCUPATIONAL



***Personal Finance**

Open to Grades: 9 – 12 but highly recommended for juniors and seniors

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10.00 per semester

Goals/Skills Developed: This class teaches you everything you need to know about how to deal with and be successful with money. This is a class most adults wish they would have had in high school. The core of the curriculum will be based on Dave Ramsey's "Financial Peace" principles. Students will learn how to save, invest and manage money, plan for retirement and college, the pitfalls of debt, and the advantages of the right kind of insurance. Students will also learn about real estate, mortgages, careers and extra jobs, collections and credit bureaus, and how to buy bargains using the power of cash and/or negotiation while being an informed consumer.

***Google Suite**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10 per semester

Goals/Skills Developed: This course is designed to teach all web applications found in Google Suites. Students will learn skills in units covering Gmail, Hangouts, Calendar, & Groups, Drive File Management, Docs, Sheets, Slides, Web (Sites) and other Google Tools such as Photos, SketchUp, and Blogger. The course will utilize FBLA leadership traits to provide opportunities for students to explore human relations, communication skills, decision making/management, career development, and ethics and safety.

***Introduction to Business**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10.00 per semester

Goals/Skill Developed: This class looks at 11 different majors of business: The Economy, Owning and Operating a Business, Groups Affecting Business, Marketing to the Consumer, Human Resources, Managing Financial and Technological Resources, Career Planning in a Global Economy, Buying Goods and Services, Credit, Money Management, and Risk Management (Insurance). All of these areas will be covered in depth throughout the semester.

***Business Procedures**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10 per semester

Goals/Skills Developed: This project-based course is designed to teach students practical business applications in the real world. Students will develop and implement a new business venture through product development, writing a business plan, developing marketing and sales strategies, and creating an eCommerce web page. In addition, students will work on their resume and interview skills.

***Microsoft Office Suite**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10 per semester

Goals/Skills Developed: This course provides an overview of Microsoft applications including Windows, the Office Suite: Word, PowerPoint, Excel, Access, Outlook, Project, and Publisher. Students will have the opportunity to earn multiple Microsoft Office Specialist Industry Certifications.



OCCUPATIONAL



*Accounting

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10

Goals/Skills Developed: Want to learn to manage money?

Whether it's your own personal finances or you are intrigued about owning your own business, this class will prepare you to "be in the know" with your cash! You will learn basic accounting principles for a business including the complete accounting cycle with end-of-period statements, bank reconciliation, payrolls, and petty cash. Upon completion, you will be able to demonstrate an understanding of accounting principles and apply those skills to a business organization and a job skill EVERY organization needs!

*ENTREPRENEURSHIP

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational/Elective

Prerequisite: None

Goals/Skills Developed: If you've ever thought about starting your own business, then this course is for you! In it you will study local business trends, identify profitable local business opportunities, and then design a professional business plan that could be used to convince investors to help finance the startup of your business. This plan will cover your company's description, local industry analysis, competitive analysis, target markets, marketing and sales, operations, management and organization, short- and long-term goals, and financial methodology. This plan is exactly what banks, and "sharks from shark tank" are looking for when they are asked to invest in a business! In addition, this course is perfect to prepare you for SEVERAL Future Business Leaders of America competitions!

*Worksite Learning

Open to Grades: 11 – 12

Length of Course: Full year

Graduation Requirement: Occupational or Elective

Prerequisites: None

Goals/Skills Developed: Work-site Learning provides a learning experience with an employer that is related to Business Education or Industrial Arts Courses. Basically, if you're utilizing skills you've learned in Business Education or Industrial Arts on the job, and the employer has been approved for work-site learning, you can earn high school credits AND get paid to work! Upon completion, you should be able to evaluate career selection, demonstrate employability skills, and satisfactorily perform work-related competencies. Work-site learning MUST be approved by Mr. Neiman for enrollment!

*Environmental Studies

Open to Grades: 10 – 12 (9th with permission- see the Middle School counselor.)

Length of Course: Full year

Grad. Requirement: 1.0 credit each: English (9-12), Social Studies (US History, Global Studies-Civics or CWP) or Occupational or Elective **See counselors for clarification.*

Prerequisite: Letter of interest must be submitted (Emailed to Ms. Morris or submit on paper).

Goals/Skills Developed: Ecology, communications, evaluating bias in media and policies, writing, research, critical thinking, mentoring younger learners, social studies, budgeting and cost analysis, community outreach, leadership, goal setting, plan creation, problem solving and plan implementation.

Why you should take this course: If you: prefer smaller classes, enjoy interactive projects and hands-on activities, enjoy being outdoors and working in a garden or along a creek, think about pursuing a job or career in the natural resources/ environmental sciences or teaching field, believe in a more integrated approach to learning, enjoy mentoring younger learners, prefer a direct connection between learning and the real-world and/or want to make a positive impact upon your school and community, ESC might be for you. This class serves to prepare students through academic rigor (good for college or future years of HS) as well as being active members in their community. ***Note:** Environmental Studies may be taken for 1 or more years.



OCCUPATIONAL



*AP Computer Science Principles

Open to Grades: 10 - 12

Length of Course: Full Year

Grad. Requirement: Occupational or Elective

Prerequisite: None

Goals/Skills Developed: This is a full-year, rigorous, entry-level course that introduces high school students to the foundations of modern computing. In the class you will learn to code in JavaScript (no prior experience required), create apps, explore encryption, solve problems about the Internet and encoding data, and learn about big data in our society. It is expected that students enrolled in AP Computer Science Principles will take the AP exam in May. Students earning a 3 or higher on the AP exam may earn college credit, depending on the college they choose. Completion of summer AP Computer Science Principles homework will be required prior to the start of the school year.

College Prep and Readiness

Open to Grades: 12 (1st Semester only)

NOTE: *Class is held zero Period (before school)*

Length of Course: Semester

Grad. Requirement: Elective or Occupational

Prerequisite: Interest in attending any post-secondary institution.

Goals/Skills Developed: Students will learn the process of applying to any post-secondary institution and complete assignments directly related to active scholarships and admissions applications; including gathering the materials required and meeting deadlines on a regular basis. Students will also learn the financial aid process along with important steps to transition from high school to beyond.

Attendance and organizational skills are critical for this class. Other critical skills include: persistence, optimism, intrinsic motivation, essay writing, self-advocacy, attention to detail, and more.

Assignments: Finding your 'fit,' scholarship applications, admissions applications, F.A.F.S.A., essay writing, letters of recommendation, and other as assigned.

*Digital Design

Open to Grades: 10 - 12 (Limit of 15 students)

Length of Course: Full year

Graduation Requirement: English Elective, Occupational or Elective Credit

Cost: You will need to provide your own transportation to school events and local businesses, and you must have an ASB card.

Prerequisites: In order to join the class, you must have Mr. Zylstra's permission. Strong writing skills are very important. Also, you are required to attend the spring yearbook meeting and complete the summer yearbook project.

Goals/Skills Developed: You will be designing, writing, and taking photos for the La Center High School yearbook. You will also sell and design business advertisements for the yearbook. It is really important for students to be able to set goals and work independently. You will be graded on your contribution to the class and your ability to do quality work in a timely manner.

*ASB/Leadership

Open to Grades: 10 - 12

Length of Course: Full year

Grad. Requirement: Occupational or Elective

Prerequisite: Teacher Approval

Goals/Skills Developed: This course is strongly recommended for students who want to improve their verbal communication, teamwork skills, time management skills and organizational skills. It is a yearlong course in which all members of ASB must attend. Leadership is open for any student wishing to improve the environment of LCHS through activities, school spirit, and school participation. Students must also be willing to challenge themselves and others mentally and be willing to assume leadership positions.

*Must be approved by Ms. Stevens before registration.



OCCUPATIONAL



***Office Assistant**

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Elective or Occupational

Prerequisite: Office approval and ability to communicate with people.

Goals/Skills Developed: Basic office skills such as filing, using the telephone, mail procedures, etc., are developed. Office Assistants will use high speed copy machines and must have the ability to input information using Office and Excel programs as needed. Learning to work with others is also stressed. Good attendance is important.

***Middle School Mentor**

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Elective or Occupational

Prerequisite: Demonstrate responsibility, student success skills, flexibility and patience.

Goals/Skills Developed: Mentors go to the middle school for one period a day to work with middle school students. They help middle school students with homework, classwork, organizing binders, cleaning lockers, logging into Skyward and setting goals. Mentors will work with students individually, in small groups and in the classroom. An interview is part of the application process.

***Teacher's Aide**

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Elective or Occupational

Prerequisite: Demonstrate responsibility, flexibility and a high degree of confidentiality .

Goals/Skills Developed: Teacher's aides assist with a variety of tasks to help teachers as well as other staff who may request an aide for assistance on a daily basis. Each staff member will require assistance unique to their needs. Aides may be asked to prepare bulletin boards, request photocopies, put away materials, deliver items, organize filing, or many other duties. Aides must be self-starters, follow directions carefully, and work independently. They must maintain a high level of confidentiality. If you are interested in a position as an aide begin the process by getting an aide request form from a counselor.

***Library Assistant**

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirements: Elective or Occupational

Prerequisites: Approval of Librarian

Goals/Skills Developed: Learn the skills unique to working in a library environment. Additional skills covering office equipment and an understanding of the Internet will provide opportunities for future endeavors. Patron service will assist students in any future working environment.

***Elementary School Mentor**

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Elective or Occupational

Prerequisite: Demonstrate responsibility, student success skills, flexibility and patience.

Goals/Skills Developed: Mentors go to the elementary school for one period a day to provide an opportunity for an elementary student to experience the friendship and support of a high school student. Through this friendship, the mentor will serve as a positive role model, nurturer of possibilities, and an advocate for the elementary student. The mentoring relationship will help the elementary student to develop a sense of belonging and to grow socially and emotionally. An interview is part of the application process.

***Focus Mentor**

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Elective or Occupational

Prerequisite: Demonstrate responsibility, student success skills, flexibility and patience. Must have teacher approval

Goals/Skills Developed: Mentors work with 9th and 10th grade students in the Focus classes. They help students with homework, classwork, organizing binders, cleaning lockers, logging into Skyward and setting goals. Mentors will work with students individually, and in small groups in the classroom.



Health

Open to Grades: 9 – 12

Length of Course: Semester

Grad. Requirement: Health

Prerequisite: None

Goals/Skills Developed: Health is designed to provide students with accurate information about how to stay healthy and/or improve their health. The topics will relate to physical, mental and social well-being.

Physical Education 10 - 12

Open to Grades: 10 - 12

Length of Course: Semester or Full Year

Grad. Requirement: P.E.

Prerequisite: None

Goals/Skills Developed: This course will provide a variety of activities, games, goal setting, skills, and sports. Grading is based on a point system with emphasis on participation, attendance, sportsmanship, and professionalism. Students are required to dress down daily to earn a passing grade. This class is for anyone looking to enjoy a variety of physical activities, games, and sport specific skills and activities.

Some activities will include:

- Components of fitness
- Games
- Sport specific skills and activities

Physical Education 9

Open to Grade: 9

Length of Course: Semester or Full Year

Grad. Requirement: P.E.

Prerequisite: None

Goals/Skills Developed: This course will provide a variety of activities, games, goal setting, skills, and sports. Grading is based on a point system with emphasis on participation, attendance, sportsmanship, and professionalism. Students are required to dress down daily to earn a passing grade. This class is an introduction to physical education for all 9th grade students.

Some activities will include:

- Components of fitness
- Games
- Sport specific skills and activities

Fitness

Open to Grades: 10 - 12

Length of Course: Semester or Full Year

Grad. Requirement: P.E. or Elective

Prerequisite: None

Goals/Skills Developed: This course will incorporate low impact, light weight lifting and repetition into a variety of workouts and activities that will increase student's lean muscle mass, flexibility, overall health and endurance. Goal setting and participation will also be major components to this class. Students are required to dress down daily to earn a passing grade. Toning is for any student looking for a low impact way to build lean muscle, increase flexibility and improve overall health.

Activities for these courses include:

- Resistance bands for all major muscle groups
- Yoga
- Strength training
- Stretching



HEALTH / FITNESS



Weight Training

Open to Grades: 10 - 12

Length of Course: Semester or Full Year

Grad. Requirement: P.E. or Elective

Prerequisite: None

Goals/Skills Developed: Weight training is an intense activity that involves lifting weights, goal setting, and perseverance. A combination of weight lifting, agility, and speed drills will be used to challenge students to work towards their optimal potential. Proper technique, safety, and goal setting will also be major components to student success in this class. Students are required to dress down daily to earn a passing grade. This class would be a good fit for anyone participating in a sport or wanting to build muscle, strength and change body composition.

Advanced Weight Training

Open to Grades: 10 - 12

Length of Course: Semester or Full Year

Grad. Requirement: P.E. or Elective

Prerequisites: None, 9th graders need pre-approval from Mr. Lambert.

Goal/Skills Developed: This class is for serious weight lifters only. There is nothing casual about this class. Workouts will vary from powerlifting to P90x type workouts to speed training work. Students are required to dress down daily to earn a passing grade. The workouts will be intense and hard. Only sign up for this class if you are serious about getting bigger faster, stronger, and more fit.

Sports Development

Open to Grades: 9 - 12

Length of Course: Semester or Full Year

Grad. Requirement: P.E. or Elective

Prerequisite: None

Goals/Skills Developed: This course is designed for athletes and students interested in improving their overall fitness levels. The class will consist of 2-3 days of resistance training along with 2 days of conditioning and SAQ training. Some sessions will be in the classroom discussing topics that apply to today's athletes. This is not your typical weight training class. Hard work and the desire to improve are key elements.

-- La Center School District No. 101 complies with all state and federal rules and regulations and provides equal opportunity in programs and employment and does not unlawfully discriminate on the basis of race, color, national origin/language, marital status, sex, sexual orientation-including gender expression or identity, creed, religion, age, veteran or military status, disability, or the use of a trained dog guide or service animal by a person with a disability, and provides equal access to the Boy Scouts of America and other designated youth groups. We also comply with Section 504 of the Rehabilitation Act of 1973; Section 402 of the Vietnam Era Veterans Readjustment Act of 1974; the American with Disabilities Act of 1990; the Civil Rights Act of 1964; the Age Discrimination in Employment Act; Older Worker Protection Act; and all other state, federal and local equal opportunity laws. Inquiries regarding compliance procedures, contact Dave Holmes, Superintendent and Civil Rights Coordinator at PO Box 1840, La Center, WA 98629, (360) 263-2131 or by email at dave.holmes@lacenterschools.org. Inquiries regarding Title IX compliance procedures, contact Matt Cooke, District Director of Athletics and Extra-Curricular Activities at PO Box 1840, La Center, WA 98629, (360) 263-1700 or by email at matt.cooke@lacenterschools.org Inquiries regarding Section 504/ADA Coordinator contact Peter Rosenkranz, Special Education Director at PO Box 1750, La Center, WA 98629, (360) 263-2136 or by email at peter.rosenkranz@lacenterschools.org.