



La Center Community Education

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Youth Track-LaCenter Tracksters:

Instructor: Staci Firl & other coaches

Ages 8-13. This is our 16th season for the La Center Tracksters! This is for boys & girls. Kids will work on conditioning, running, shot put, running long jump, javelin, discus, etc. There will be meets in local areas that are optional to compete in. (Dress in layers, bring a water bottle and have running shoes!)



#8683-5 Tues/Thurs April 9-May 20, 2019
from 5-6:30PM at the High School Track *(A more detailed schedule will be handed out at the parent meeting).*

Parent only Meeting on Monday, April 8 at the HS Track @ 5PM. (No practice for students)

Fee: \$50 *(includes a t-shirt) ***fees for meets are extra.****

Other Meets TBA @ Ridgefield HS track

Last day May 20 is Fun day! With food, awards & games!

