



La Center Community Education

PO Box 1840 La Center, WA 98629

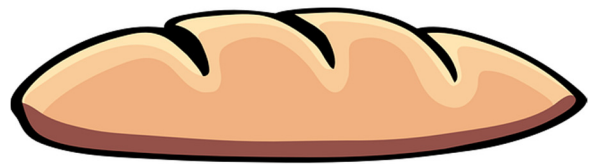
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## SOURDOUGH FOR BEGINNERS

*Instructor: Vione Graham*

Sourdough or natural yeast has been used for hundreds of years & is making a comeback due to its great health benefits. Learn about the benefits, & how & why they happen. You will be surprised & pleased to find out how much you can use sourdough in your family menus & the variety of breads you can make. There will be tasty treats for you to sample & a “starter” to take home & use if you want.



(Bring a small jar to take it home it).

**Ages 18 & older**

**#8683-22 THURS. April 25, 2019 from 7:00-9:00PM**

**Held at the High School in the Home Ec. Room #126.**

**FEE: \$15** *(Plus additional \$6 supply fee (paid to instructor) not included in regular fee) Minimum of 6.*

[www.lacenterschools.org](http://www.lacenterschools.org)

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