

LCHS COURSE GUIDE

2018-2019

La Center High School
 P.O. Box 1780
 La Center, WA 98629
 Phone: 360-263-4656
 Fax: 360-263-1705



Carol Patton, Principal
 Kurt Gray, Associate Principal
 Matt Cooke, Dir. of Athletics &
 Extra-Curricular Activities

www.lacenterschools.org/lchs_homepage

<i>Course Requirements</i>	<i>LCHS Graduation Requirements</i>	<i>Technical Pathway</i>	<i>Academic Pathway</i>
English	4	4	4
Mathematics	3	3	3
Social Studies (1 Global, 1 US History, & 1 CWP)	3	3	3
Science	3	3	3
Occupational	1	3	1
Fitness/PE	1.5	1.5	1.5
Health	.5	.5	.5
World Language	0	2	2
Fine Art	2	2	2
Elective	6	2	4
<i>Total Credits</i>	<i>24</i>	<i>24</i>	<i>24</i>

Class Changes

Student-initiated class changes will be confined to a period of five days after the beginning of each semester. A detailed process involving the signature of the parent, the teacher to be dropped, and the teacher to be added, as well as the principal's and counselor's approval must be followed. Students who drop or withdraw from a class after the twelfth day that is in session will be subject to a failing grade in that class.

Classes of 2019 - 2022

One PE credit can be waived if participating in two or more sport seasons over the course of grades 9-12.

Acceptance into most 4-year universities requires two or more years of a World Language.

Students seeking to participate in band, choir, or drama all four years of high school may be required to take on-line courses and/or seek PE waivers to create credit capacity. Please see a counselor for details.

Rules and Considerations

Students, in consultation with their parents and school counselor, are responsible for knowing and completing graduation requirements. Questions concerning requirements may be directed to the school counselor.

Report Cards/Progress Reports

Students and parents may access grades through Skyward. Please contact the high school office at 360-263-1700 for your login information.

***Those classes marked with an asterisk may also receive an occupational credit if connected to the High School and Beyond Plan. Additional work is required to meet the occupational credit.**



ENGLISH



Ninth Grade English

Open to Grades: 9

Length of Course: Full Year

Grad. Requirement: English

Prerequisite: None

Goals/Skills Developed: 9th grade English is a required course of all ninth graders (unless otherwise stated on an IEP). Students will acquire skills in the areas of: literary analysis, short stories, poetry, drama, novels, myth and legend, composition, vocabulary, studying, spelling, short story writing, thinking, nonfiction, reading, test-taking, writing research papers, letter writing, public speaking, and listening.

Assignments: Worksheets, quizzes, exams, composition, speeches, group projects.

Pre-AP Ninth Grade English

Open to Grades: 9

Length of Course: Full Year

Grad. Requirement: English

Prerequisite: 8th grade middle school recommendation

Goals/Skills Developed: This course is strongly recommended for college-bound students who wish to expand their knowledge of literature and further develop their communication skills through literary analysis, discussion, and presentation. Although the curriculum will be essentially the same as that used for all ninth grade English classes, the depth and breadth of accompanying assignments and projects will be more independent as well as a project related to each. Independent reading (including summer reading) is also a part of the class.

Tenth Grade English

Open to Grades: 10

Length of Course: Full Year

Grad. Requirement: English

Prerequisite: 9th Grade English

Goals/Skills Developed: In 10th grade English, which is required of all sophomores (unless otherwise stated on an IEP), students will further refine the skills acquired in Ninth Grade English. In addition, students will expand their skills in critical thinking and further develop a variety of writing modes.

Assignments: Worksheets, quizzes, exams, compositions, speeches, questions, presentations and projects.

Pre-AP Tenth Grade English

Open to grade: 10

Length of Course: Full Year

Grad. Requirement: English

Prerequisite: 9th grade English teacher recommendation or see Ms. Grotte

Goals/Skills Developed: This course is strongly recommended for college bound students who wish to expand their knowledge of literature and further develop their communication skills through literary analysis, discussion, and presentation. Although the curriculum will be essentially the same as that used for all tenth grade English classes, the depth and breadth of accompanying assignments and projects will be more demanding. Students will be expected to read literary works independently (including summer reading) and to complete a project related to each.

Digital Design

Open to Grades: 10 - 12 (Limit of 15 students)

Length of Course: Full Year

Graduation Requirement: English Elective or Occupational Credit

Cost: You will need to provide your own transportation to school events and local businesses, and you must have an ASB card.

Prerequisites: Mr. Zylstra's permission. Strong writing skills are very important. Also, you are required to attend the spring yearbook meeting and complete the summer yearbook project.

Goals/Skills Developed: You will be designing, writing, and taking photos for the La Center High School yearbook. You will also sell and design business advertisements for the yearbook. It is really important for students to be able to set goals and work independently. You will be graded on your contribution to the class and your ability to do quality work in a timely manner.



ENGLISH



Novel & Short Story

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirements: English or Elective

Prerequisite: 9th Grade English & 10th Grade English

Goals/Skills Developed: Students will be reading, discussing, and writing about a variety of significant American and English novels and short stories. The assignments in this course emphasize a close reading of the text and analysis of the novel or short story, using literary concepts and participation in class discussion concerning the works. Authors will include Orwell, Golding, Kingsolver, Cormier, Gaines, and Knowles.

Assignments: This will take the form of quizzes, exams, papers, and projects.

Paired with: Literature of the Stage & Screen

World Mythology

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: English or Elective

Prerequisite: 9th Grade English & 10th Grade English

Goals/Skills Developed: This course examines the common types of myths as well as the commonality of myths using a variety of texts from various cultures around the world. We will also discuss modern applications of mythology and how humans use mythology to answer ethical problems and make sense of their place in the cosmos. Students will read, analyze and respond to the myths through academic and creative papers as well as producing creative projects.

Film Study

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: English or Elective

Prerequisite: 9th Grade English & 10th Grade English

Goals/Skills Developed: Students will broaden their appreciation of the American cinema through an in-depth study of its development from the late 19th century through the 1990s. Along the way, students will learn about the art of filmmaking and the major developments in the American cinema. Attendance is a key element in this course because of the nature of the work.

Assignments: Quizzes, reading guides, group presentations, exams, creative projects and essays.

Literature of the Stage & Screen

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: English or Elective

Prerequisite: 9th Grade English & 10th Grade English

Goals/Skills Developed: This one semester English elective focuses on exploring the elements of literature through reading, writing, and analyzing plays and screenplays. The class gives students an opportunity to connect with literature as active readers involved in the language of texts specifically created as blueprints for stage and screen performances. The assignments in this class range from creative writing projects to tests and essays. Works from Shakespeare, Tennessee Williams, Neil Simon, Edmond Rostand, and Jerome Williams are included.

Paired with: Novel & Short Story

Shakespeare (AKA Chill with Will)

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: English or Elective

Prerequisite: 9th Grade English & 10th Grade English

Goals/Skills Developed: Since most students have been exposed, and will be exposed to the traditional Shakespearean tragedies, this course will offer a different and balanced basic introduction to the Bard's works (plays and sonnets.) Students will gain reading strategies that will allow them to become active interpreters of the Bard's language so that they will have access to topics that were relevant in the Elizabethan times as well as in our own culture. Students will use Shakespeare's works as a way to think, talk, and write in compelling ways about such topics as power, gender, anger, pride or civility.



ENGLISH



Women's Studies 1

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirements: English, US History or Elective

Prerequisite: None

Goals/Skills Developed: Women's Studies 1 is a class designed to look at the historical aspect of women's rights from 1700 - present. It will also examine women's issues of today such as equal pay, glass ceiling, cycle of violence, as well as many other topics. This class is designed to enhance student's understanding of the world outside of what they know.

AP English Literature & Composition

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: English or Elective

Prerequisite: Current English teacher's recommendation.

Goals/Skills Developed: AP English Literature & Composition is a challenging course that will focus on close reading of Western literature and on writing. Students will read a good many novels, short stories, essays, and plays and they will study poetry extensively. In addition, students will respond to the writing assignments. Independent reading (including summer reading) is also a part of the class. It is expected that students enrolled in AP English Literature & Composition will take the AP exam in May. Students earning a 3 or higher on the AP exam may earn college credit, depending on the college they choose. The content of this course will alternate every other year so that a student may complete two years of the course.

English Assessment Prep

Open to Grades: 12

Length of Course: Full year

Grad. Requirement: English

Prerequisite: Students who have not passed the English (ELA) Smarter Balance Assessment.

Goals/Skills Developed: This course is designed for students who have not met the ELA Smarter Balanced Assessment. Students will cover and complete state standards in English and must pass the final with a "B" or better in order to submit to the state proof of meeting graduation required standards. **Students approved for this course by administration only.*

Women's Studies 2

Open to Grades: 12

Length of Course: Full year

Grad. Requirements: English, CWP or Elective

Prerequisite: Seniors who have completed Women's Studies 1.

Goals/Skills Developed: Women's Studies 2 looks at current issues through the eyes of women. Newspapers, magazines, poetry, novels and guest speakers will allow students to understand the current national and international roles and struggles of women. This class will also undertake a service project to give back to the community as well as follow all other guidelines required by CWP classes.

Environmental Studies

Open to Grades: 10 – 12 (9th with permission- see the Middle School counselor.)

Length of Course: Full year

Grad. Requirement: 1.0 credit each: English (10-12), Social Studies (WA State, Global Studies, US History or CWP) or Occupational or Elective **See counselors for clarification.*

Prerequisite: Pass four or more of previous semester's classes, have good attendance, be willing to work outdoors and be able to work well with others. **See Ms. Morris if you have questions.*

Goals/Skills Developed: The Environmental Studies Class is an alternative to typical 55 minute classes. Students attend class for a 3-hour block with activities in the classroom, around the LCHS and K-8 Campus and in the La Center Community in general. Students work in a smaller class setting, outdoors and in a project-centered, somewhat hands-on manner. Skill focuses are: writing, research, critical thinking, budgeting and cost analysis, drafting, goal setting, plan creation, problem solving and plan implementation.

**Must be approved by Ms. Morris before registration.*



MATH



Algebra I

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Math

Prerequisite: None

Goals/Skills Developed: This course introduces students to the basic elements of Algebra. Students are provided with a “consumable” textbook that will provide opportunities for exploration in connection with direct instruction. There are links to online video tutorials as an additional resource.

Topics covered in this course will include: Equations, Inequalities, Functions, Linear Functions, Systems of Equations and Inequalities, Exponents and Polynomials, Factoring Polynomials, Quadratic Functions and Equations, Exponential Functions and Data Analysis.

Geometry

Open to Grades: 9 - 12

Length of Course: Full year

Grad. Requirements: Math

Prerequisite: Successful completion of Algebra I with a C or better, or teacher recommendation.

Goals/Skills Developed: This course introduces students to the basic elements of Geometry. Students are provided with a “consumable” textbook that will provide opportunities for exploration in connection with direct instruction. There are links to online video tutorials as an additional resource.

Topics covered in this course will include: Foundations for Geometry, Geometric Reasoning, Parallel and Perpendicular Lines, Triangle Congruence, Properties and Attributes of Triangles, Polygons and Quadrilaterals, Similarity, Right Triangles and Trigonometry, Extending Transformational Geometry, Extending Perimeter, Circumference and Area, Spatial Reasoning and Probability.

Algebra I - Part 1

Open to Grade: 9

Length of Course: Full Year

Grad. Requirement: Semester 1 - Elective and Semester 2 - Math

Prerequisite: Teacher recommendation

Goals/Skills Developed: This course is intended for students that have struggled with mathematics and need additional time to process the content. This course will be divided into two parts over a two year time period. Students enrolled in Part 1 will need to take Part 2 to complete their Algebra 1 requirement. This course introduces students to the basic elements of Algebra. Students are provided with a “consumable” textbook that will provide opportunities for exploration in connection with direct instruction. There are links to the online video tutorials as an additional resource. Topics covered in this course Part 1 and Part 2 will include: Equations, Inequalities, Functions, Linear Functions, Systems of Equations and Inequalities, Exponents and Polynomials, Factoring Polynomials, Quadratic Functions and Equations, Exponential Functions and Data Analysis.

Algebra I - Part 2

Open to Grade: 10

Length of Course: Full Year

Grad. Requirement: Semester 1-Elective and Semester 2-Math

Prerequisite: Algebra I Part 1

Goals/Skills Developed: This course is intended for students that have struggled with mathematics and need additional time to process the content. This course will be divided into two parts over a two year time period. Students enrolled in Part 1 will need to take Part 2 to complete their Algebra 1 requirement. This course introduces students to the basic elements of Algebra. Students are provided with a “consumable” textbook that will provide opportunities for exploration in connection with direct instruction. There are links to the online video tutorials as an additional resource.

Topics covered in this course Part 1 and Part 2 will include: Equations, Inequalities, Functions, Linear Functions, Systems of Equations and Inequalities, Exponents and Polynomials, Factoring Polynomials, Quadratic Functions and Equations, Exponential Functions and Data Analysis.



MATH



Algebra II

Open to Grades: 10 - 12

Length of Course: Full year

Grad. Requirement: Math

Prerequisite: Successful completion of Geometry with a C or better, or teacher recommendation.

Goals/Skills Developed: This course expands upon the student's prior understanding of Algebra. Students are provided with a "consumable" textbook that will provide opportunities for exploration in connection with direct instruction. There are links to online video tutorials as an additional resource.

Topics covered in this course will include: Foundations for Functions, Quadratic Functions, Polynomial Functions, Exponential and Logarithmic Functions, Rational and Radical Functions, Properties and Attributes of Functions, Probability, Data Analysis and Statistics, Sequences and Series, Trigonometric Functions, Trigonometric Graphs and Identities and Conic Sections.

Pre-Calculus

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirements: Math

Prerequisites: Successful Completion of Algebra II with a C or better, or teacher recommendation.

Goal/Skills Developed: This course builds upon all previous courses so that students will be prepared to meet the demands of AP Calculus.

Topics covered in this course will include: Relations, functions, linear functions, polynomial functions, rational functions, trigonometric functions, exponential functions, logarithmic functions, inverses of functions, trigonometric identities, polar coordinates, complex numbers, limits, and an introduction to calculus.

Financial Algebra

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: 3rd year Math credit

Prerequisites: Algebra I, Geometry or teacher approval.

Goal / Skills Developed: Financial Algebra is an advanced algebra course with practical applications of mathematical concepts. Students work together to problem-solve and draw connections between the various topics. Topics covered in this course will include: Stock Market, Modeling a Business, Banking Services, Consumer Credit, Auto Ownership, Employment Basics, Income Taxes, Independent Living, Retirement and Budgeting.

AP Calculus

Open to Grades: 11 & 12

Length of Course: Full Year

Grad. Requirement: Math

Prerequisite: Successful completion of Pre-Calculus.

Goals / Skills Developed: This is a college level course in differential and integral calculus, equivalent to one semester of calculus at most universities. Topics include a review of functions, an introduction to limits and continuity, derivatives and their applications, integrals and their applications, anti-derivatives and the Fundamental Theorem of Calculus, and an introduction to differential equations using slope fields. There is an emphasis on conceptual understanding and working with functions represented graphically, numerically, analytically and verbally. The TI-83 graphing calculator is used extensively in this course. It is expected that students enrolled in AP Calculus will take the AP exam in May. Students earning a 3 or higher on the AP exam may earn college credit, depending on the college they choose.



MATH



Probability & Statistics

Open to Grades: 10 - 12

Length of Course: Full year

Prerequisite: Successful completion of Algebra II.

Goals/Skills Developed: Similar to AP Statistics, this course will focus on exploring data, planning a study, producing and analyzing models using probability theory, and making statistical inferences. More focus and time will be spent on probability theory and on simulations than in AP Statistics. This course will not cover all of the AP Statistics topics, but will serve as a thorough introduction to probability and statistics and their uses in our world.

Why you should take this course: Statistics has astonishing power to improve decision-making accuracy and test new ideas. It's a key analytical tool used in education, the social sciences, and business administration and is often a required college subject for majors in those areas. Statistics is used for data analysis in the sciences and forms the mathematical basis for quality control in manufacturing. In general, reasoning based on probability and statistics gives modern society the ability to cope with uncertainty.

AP Statistics

Open to Grades: 10 - 12

Length of Course: Full year

Prerequisite: Successful completion of Algebra II.

Goals/Skills Developed: AP Statistics is a college level class for students who have been successful through Algebra II. It covers the topics needed for the American College Board AP Statistics exam. Students passing this test may receive college credit. This course will deal with data collection, analysis, and the drawing of conclusions from the data.

Why you should take this course: Statistics has astonishing power to improve decision-making accuracy and test new ideas. It's a key analytical tool used in education, the social sciences, and business administration and is often a required college subject for majors in those areas. Statistics is used for data analysis in the sciences and forms the mathematical basis for quality control in manufacturing. In general, reasoning based on probability and statistics gives modern society the ability to cope with uncertainty.

Math Assessment Prep

Open to Grades: 12

Length of Course: Full year

Grad. Requirement: Math

Prerequisite: Students who have not passed the Math Smarter Balance Assessment.

Goals/Skills Developed: This course is designed for students who have not met the Math Smarter Balance Assessment. Students will cover and complete state standards in Math and must pass the final with a "B" or better in order to submit to the state proof of meeting graduation required standards. **Students approved for this course by administration only.*



SCIENCE



Freshman Physics

Open to Grades: 9

Length of Course: Full Year

Grad. Requirement: Lab Science

Prerequisite: None

Goals/Skills Developed: This course is for all 9th grade students and satisfies one year of laboratory science which is required for graduation. Students will apply the study of forces, motion, energy, waves and their interactions to the earth, solar system and universe. Modeling and engineering design will be utilized in order to explore possible solutions to complex, real-world problems.

Marine Biology

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Lab Science or Elective

Prerequisite: 2.0 credits of high school science

Goals/Skills Developed: This course is for students who are interested in developing an understanding of the basic concepts of Marine Biology. It is intended for students at all levels who are motivated to learn more about the oceans of the world and the organisms that live in them. The course is designed to include the study of the marine organisms of our own coastal area as well as others around the world. Laboratory activities will be an integral part of the course. The major areas of study will include: The World's Oceans, Chemical and Physical Factors, Marine Plants, Marine Invertebrates/Vertebrates, Marine Ecology and Biomes.

Environmental Science

Open to Grades: 11 & 12

Length of Course: Full Year

Grad. Requirement: Science or Elective

Prerequisite: 2.0 credits of high school science

Goals/Skills Developed: An exploration of political and scientific factors affecting the environment both locally and globally by creating models based on data and proposing solutions to real world problems. Environmental Impact Statements will be read, analyzed, and interpreted to understand the impacts of human actions on the environment. Student interest with teacher guidance will drive the direction of research projects, allowing for students to focus on topics that are of high interest to them.

Biology

Open to Grades: 10

Length of Course: Full Year

Grad. Requirement: Lab Science

Prerequisite: Sophomore standing required or by teacher approval.

Goals/Skills Developed: This introductory life science course develops a conceptual understanding of the unifying principles of biology: ecology, evolution, continuity, development, homeostasis, energy, matter and organization. Students will develop proficiency in applying a scientific problem-solving approach while building reading comprehension and vocabulary. Various lab activities will be used to illustrate concepts.

Zoology

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Lab Science or Elective

Prerequisite: 2.0 credits of high school science

Goals/Skills Developed: This course will survey the biology and classification of invertebrate and vertebrate animals. Comparative physiology, development, behavioral and anatomical studies will be emphasized. Lab work will involve dissection.

Food Science

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Science or Elective

Prerequisite: 2.0 credits of high school science

Goals/Skills Developed: This course is very unique as it covers food in a different perspective. This includes food illness, food preparation and how science relates to the making of certain foods (i.e.; how pancakes rise or why peanut brittle is so tough to make). Anyone wishing to enter a career in this expanding field will take away valuable knowledge of how the industry operates and how it has changed. We will also have fun in making and voting on several recipes that may taste terrible or amazing. You could become the next LC Chef.



SCIENCE



Forensics

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Lab Science or Elective

Prerequisite: 2.0 credits of high school science

Goals/Skills Developed: Have you ever wanted to solve a crime? This course offers either a science or an elective credit in a laboratory setting. The class will include a hands-on approach to basic forensic techniques, including fingerprinting, scene control, and chromatography. You will experience the fascinating world of forensics investigations.

Anatomy & Physiology

Open to Grades: 11 & 12

Length of Course: Full Year

Grad. Requirement: Lab Science or Elective

Prerequisite: 2.0 credits of high school science with a C or better

Goals/Skills Developed: This is a two-semester course in which anatomy and physiology is studied with an emphasis on structure and functions of systems. A comprehensive, introductory overview of human anatomy and physiology includes: basic fundamental concepts of cell biology, tissues and organs making up the integumentary, skeletal, muscular, and nervous, endocrine, cardiovascular, lymphatic and immune, respiratory, digestive, urinary, and reproductive systems. Students will need to be able to access information from college-level reading material and participate in all dissections.

Chemistry

Open to Grades: 11 & 12

Length of Course: Full Year

Grad. Requirement: Lab Science or Elective

Prerequisite: 2.0 credits of high school science

AND at least Geometry with a C or better

Goals/Skills Developed: This is a comprehensive high school chemistry class including laboratory experiments and requiring the ability to apply mathematics. Specific areas of study include: matter, atomic structure, the periodic table, chemical bonds, solutions, chemical kinetics, stoichiometry, gas laws, thermodynamics, as well as a brief introduction to organic chemistry. In addition to providing an excellent knowledge of introductory chemistry principles, this course will also highlight an understanding of the practical connections and applications of chemistry to everyday life.

**NOTE: AP Biology will be offered alternating years in conjunction with Human Anatomy & Physiology.*



SOCIAL STUDIES



Global Studies

(World Geography/World History)

Open to Grades: 9 - 10

Length of Course: Full Year

Grad. Requirement: Required Social Studies

Prerequisite: None

Goals/Skills Developed: The Global Studies class will emphasize the important eras of the past. Pre-history, ancient civilizations, eastern invasions, and growth of empires are all integral to this class. In addition, the themes, elements, and standards of geography will be applied to the path of mankind's journey through history. Global Studies will stress the progress of man from ancient Africa to the New World and will analyze the "characteristics, distribution, and migration of human population" (Geography standards).

Washington State History

Open to Grades: 10 - 12

Length of Course: Semester

Grad. Requirement: Required Social Studies

Prerequisite: None

Goals/Skills Developed: This class focuses on geography, natural, cultural, and political history, and the constitution, of Washington State. Students will analyze the role that Washington played in the 19th and 20th century development of our country. Lastly, they will analyze some of the current issues facing the state, and evaluate their impact on the future.

AP US Government & Politics

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: US History or Elective

Prerequisite: Instructor permission.

Goals/Skills Developed: AP Government and Politics is a college-level course that explores the political theory and everyday practice that direct the daily operation of the U.S. government and shapes our public policies. It will also provide the students with an analytical perspective on government and politics in the United States. This course includes both the study of general concepts used to interpret U.S. government and politics and analysis of specific examples. It is expected that students enrolled in AP Government and Politics will take the AP exam in May. Students earning a 3 or higher on the AP exam may earn college credit, depending on the college they choose.

United States History

Open to Grades: 10 - 12

Length of Course: Full Year

Grad. Requirement: Required Social Studies

Prerequisite: Global Studies

Goals/Skills Developed: US History investigates America's colorful and rich past. Students will understand the fundamental principles of American politics and economics. This fundamental study will enable students to understand their role in American society. Students will have a greater appreciation and understanding of America's past in order to become informed citizens. This history class will focus on 20th century United States history, with a concentration on World War II and Vietnam.

Environmental Studies

Open to Grades: 10 - 12 (9th with permission-see the Middle School counselor.)

Length of Course: Full year

Grad. Requirement: 1.0 credit each: English (10-12), Social Studies (WA State, Global Studies, US History or CWP) or Occupational or Elective
***See counselors for clarification.**

Prerequisite: Pass four or more of previous semester's classes, have good attendance, willing to work outdoors and able to work well with others.

***See Ms. Morris if you have questions.**

Goals/Skills Developed: The Environmental Studies Class is an alternative to typical 55 minute classes. Students attend class for a 3-hour block with activities in the classroom, around the LCHS and K-8 Campus and in the La Center Community in general. Students work in a smaller class setting, outdoors and in a project-centered, somewhat hands-on manner. Skill focuses are: writing, research, critical thinking, budgeting and cost analysis, drafting, goal setting, plan creation, problem solving and plan implementation.

***Must be approved by Ms. Morris before registration.**



SOCIAL STUDIES



Women's Studies 1

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirements: English, US History or Elective

Prerequisite: None

Goals/Skills Developed: Women's Studies 1 is a class designed to look at the historical aspect of women's rights from 1700 - present. It will also examine women's issues of today such as equal pay, glass ceiling, cycle of violence, as well as many other topics. This class is designed to enhance student's understanding of the world outside of what they know.

Women's Studies 2

Open to Grades: 12

Length of Course: Full year

Grad. Requirements: English, CWP or Elective

Prerequisite: Seniors who have completed Women's Studies 1.

Goals/Skills Developed: Women's Studies 2 looks at current issues through the eyes of women. Newspapers, magazines, poetry, novels and guest speakers will allow students to understand the current national and international roles and struggles of women. This class will also undertake a service project to give back to the community as well as follow all other guidelines required by CWP classes.

CWP (Contemporary World Problems)

Open to Grades: 12

Length of Course: Full Year

Grad. Requirement: Required Social Studies

Prerequisite: Senior Standing

Goals/Skills Developed: This course will be divided into two areas of focus. The first focus will be to study domestic issues facing the United States. The second part will examine international issues affecting the U.S. and the global community. An emphasis will be placed on the skills of communication, analysis, evaluation, and problem solving. Awareness of current events is mandatory.



WORLD LANGUAGES



Spanish I

Open to Grades: 10 - 12

Length of Course: Full year

Grad. Requirement: World Language

Prerequisite: None

Goals/Skills Developed: Students will learn to understand, speak, read, and write Spanish at an elementary level. Listening and speaking will be emphasized along with reading and written work. Students will be introduced to various aspects of the Hispanic cultures to increase their awareness of other viewpoints. Students will be able to conduct simple conversations.

Assignments: Daily assignments, quizzes, oral discussion, projects and exams

German I

Open to Grades: 10 - 12

Length of Course: Full year

Grad. Requirement: World Language

Prerequisite: None

Goals/Skills Developed: In German I students will learn introductory German grammar, vocabulary, and pronunciation. Conversation will be a huge part of the class, helping to continually reinforce new German vocabulary and concepts. We will also touch on German, Swiss, and Austrian culture.

Spanish II

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: World Language

Prerequisite: Completion of Spanish I

Goals/Skills Developed: Continuation and refinement of listening, speaking, reading, and writing skills begun in first year Spanish.

Assignments: Daily oral discussion, written assignments, quizzes, exams, and projects.

German II

Open to Grades: 11 & 12

Length of Course: Full year

Grad. Requirement: World Language

Prerequisite: Completion of German 1

Goals/Skills Developed: In German II students will be acquiring the German language primarily through reading, writing, and storytelling. Students will enrich their vocabulary with the most commonly used words in the German language. They will gain a clearer understanding of German grammar as we tackle more intricate grammatical features. Students will also be responsible for creating German conversations and skits to show mastery of the vocabulary.

Spanish III

Open to Grades: 12

Length of Course: Full year

Grad. Requirement: World Language

Prerequisite: Completion of Spanish I & Spanish II

Goals/Skills Developed: Spanish III builds on the foundation of Spanish I and Spanish II. Speaking, listening, reading and writing skills will be improved. Students will become more sophisticated in their use of the language. More emphasis will be placed on reading, writing, grammar and culture than during the first two years. There will be more emphasis on independent learning.



FINE ARTS



*Ceramics I

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirements: Fine Art or Elective

Prerequisite: None

Cost: \$10

Goals/Skills Developed: Students enrolled in this course engage in a series of assignments designed to explore various aspects of working with clay. Students will learn design and planning concepts specific to this media. Students are expected to attend classroom demonstrations and to participate actively in classroom discussions and critique sessions. Ceramic instruction will include hand building, slab construction, sculptural fabrication, and introduction

*Drawing & Painting

Open to Grades: 9 - 12

Length of Course: Full year

Grad. Requirement: Fine Art or Elective

Prerequisite: None

Cost: \$10

Goals/Skills Developed: This course will explore the fundamentals of drawing and painting as a means of personal expression. Students will develop drawing and painting techniques and become fluent in the language of line, shape, value, space, and color; and understand the element and principles of art and design. Students will be exposed to the history of art, contemporary art, and learn to critically examine the visual world. Students will produce works using a variety of techniques and mediums: scratchboard, pen and ink, charcoal, dry pastel, oil

*Graphic Storytelling & Book Arts

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Fine Art or Elective

Prerequisite: None

Cost: \$10

Goals/Skills Developed: From personal memoir to superhero stories to the airline safety instruction, graphic storytelling has the ability to reach across language, age, and societal barriers. This course examines the structure of the comic book page, artist books, children's wordless books, and the wild storytelling possibilities of image sequencing. Students will gain skills in pencil, ink, ballpoint pen, watercolor and learn to develop their unique visual voice. Students gain an understanding of how to design a visual page for graphic clarity and narrative impact. With workshops in bookbinding, students will produce a finished bound book by semester's end.

*Ceramics II

Open to Grades: 9 - 12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: Ceramics I

Cost: \$10

Goals/Skills Developed: Students will engage in a deeper exploration, building upon skills learned in Ceramics I. Students will increase skills in design and planning concepts specific to this media. Students are expected to attend classroom demonstrations and to participate actively in classroom discussions and critique sessions. Ceramic instruction will include hand building, slab construction, sculptural fabrication and kiln firing and glazing techniques.

*Mixed Media & Collage

Open to Grades: 9 - 12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: None

Cost: \$10

Goals/Skills Developed: This course will offer in-depth exploration of 2-D and 3-D art making techniques and new ways to see, use, and interpret found objects. Students will create compositions with a variety of materials including found objects and images as well as drawing, painting, mixing, collage, assemblage, cutting, pasting, etc. Emphasis will be placed on the elements of art and design with an emphasis on color, mood, texture and composition. Students will develop technical skills and personal style. Many projects may include ordinary objects that can be transformed into creative sculptures. Students will be expected to constantly collect materials and inspiring objects



FINE ARTS



***The Art of Mobile Photography**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirements: Fine Art or Elective

Prerequisite: None

Goals/Skills Developed: This course covers the fundamentals of photography. Students will learn to gain control of exposure and understand fundamentals of light and composition. They will explore documentary and creative concepts to take photographs that become finished works of art. Through exploration of the history of photography, including both historical and contemporary photographers, students will develop tools to understand the language of the still image and will sharpen their critical focus. Throughout the semester there will be an in-depth examination of the ethics of image making in the digital age. Students will develop an online portfolio, participate in weekly critiques, and produce printed images. *A mobile device is needed for this course, students that do not have access to such a device will be loaned one from the library.*

***Contemporary American Drama**

Open to Grades: 11 - 12

Length of Course: Semester

Grad. Requirements: Fine Art or Elective

Prerequisite: None

Goals/Skills Developed: In this course we will read, discuss and perform plays, which have been written and produced in the United States in the last 50 years. Many of the plays have been written in the last 20 years and cover a wide spectrum of American life and ideology. We will discuss the content, the form, and the performances of the plays as they define American drama and American identity. Students will be expected to read aloud extensively and vocally perform selections in groups. An emphasis will be placed on voice and speech for stage. **Students are encouraged to retake this course as the curriculum will change each semester.*

***Advanced Art Portfolio**

Open to Grades: 11 - 12

Length of Course: Full Year

Grad Requirement: Fine Art or Elective

Prerequisite: One year of Fine Art

Cost: \$10

Goals/Skills Developed: In this course, advanced art students will focus on portfolio development as they continue to develop skills in producing high quality works of art. Emphasis is placed on creating more complex visual statements. A wide range of materials and processes will be further explored and students will have the opportunity to focus on a chosen subject or medium. The course is intended for advanced students. The portfolio created in this course can be used for college applications.

***Acting**

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirements: Fine Art or Elective

Prerequisite: None

Goals/Skills Developed: Acting is a progressive course that will last two semesters. This course is designed for students who want to study theatre with an emphasis on acting. The course will provide training in reading, analyzing, and performing scenes and short plays from a variety of works by playwrights. The course will also provide experiences in stage movement, vocal dexterity, emotional and imaginative expression. *No audition required.*

***Advanced Acting**

Open to Grades: 10 - 12

Length of Course: Full Year

Grad. Requirements: Fine Art or Elective

Prerequisite: Audition Required

Goals/Skills Developed: Advanced Acting is a progressive course that will last two semesters. This course is designed for students who want an intensive theatre course with an emphasis on acting. Significant after school involvement will be required. *Freshmen will be considered on recommendation from their middle school drama teacher only.*



FINE ARTS



***Theatre Arts I**

Open to Grades: 9 - 12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: None

Goals/Skills Developed: This course will introduce students to theatre as both an art form of historical significance and a practical craft requiring a wide variety of talents and practical skills. Through reading, viewing, researching, presenting and set building, students will experience theatre history, set and lighting design, set construction, costume and make-up design and the production process.

***Theatre Arts III**

Open to Grades: 10 - 12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: Theatre Arts II

Goals/Skills Developed: Theatre Arts III and IV are designed for the student who is serious about all technical aspects of theatre. Each section is individualized based on the needs and strengths of each student. The culmination of the course is witnessed in the final lighting, sound, scenery, costumes, publicity, props, and programs of the fall or spring play.

***Theatre Arts II**

Open to Grades: 9-12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: Theatre Arts I

Goals/Skills Developed: This course will take a more in-depth approach to the study of theatre. Students will be asked to build upon the foundation developed in Theatre Arts I. Much of this course will be hands-on and will require self-discipline and motivation. Students will get a first-hand look at what goes on behind the scenes for a theatre production. They will be asked to work in cooperative learning groups, where students will need to share their expertise and skills to teach, as well as learn, from their classmates.

***Theatre Arts IV**

Open to Grades: 10 - 12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: Theatre Arts III

Goals/Skills Developed: Theatre Arts III and IV are designed for the student who is serious about all technical aspects of theatre. Each section is individualized based on the needs and strengths of each student. The culmination of the course is witnessed in the final lighting, sound, scenery, costumes, publicity, props, and programs of the fall or spring play.

History of American Music

Open to Grades: 9 - 12

Length of Course: Semester

Grad Requirement: Fine Art or Elective

Prerequisite: None

Goals/Skills Developed: This course covers the history of American Music, including Native American music as well as the music of early settlers to the United States. As a preface to discussing American music, the class will provide an overview of the history of Western Art Music. The course will focus in detail on the development of blues, bluegrass, ragtime, and other early forms of jazz. Rock and roll will be covered from its earliest roots through the modern day. Other musical genres to be covered in great detail will include Rap/Hip-hop, Country, and many subgenres of rock and roll. Students will learn to identify music aurally and learn to identify musical eras and genres throughout music history. Individual note taking and group work is expected.



FINE ARTS



*Select Treble Choir

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Fine Art or Elective

Cost: \$55 - \$65 per year for choir outfit

Prerequisites: By audition only

Goals/Skills Developed: Membership for this select choir is based on a successful audition. Select Choir members are expected to exhibit strong vocal techniques, music reading skills and performance practices. This choir performs advanced level literature from a variety of styles and genres of choral literature.

*Concert Band

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Fine Art or Elective

Cost: \$10.00 covers uniform cleaning for the school year.

Prerequisite: Students must demonstrate an entrance proficiency skill of Level III.

Goals/Skills Developed: Concert Band members participate in a wide variety of activities including evening concerts, entertainment at athletic events, large group festivals and more. All members are automatically members of the pep band. Basic music skills developed (sight-reading, intonation, rhythm, listening, etc.) will be refined and perfected. Assignments: Performances both during school and outside of the regular school day including concerts, assemblies, community events, and festivals are required. Excellent attendance, preparation, sectionals, participation in class, and playing tests are required.

*Drumming

Open to Grades: 9-12

Length of Course: Semester

Grad. Requirement: Fine Art or Elective

Prerequisite: None

Cost: \$10.00 per semester

Goals/Skills developed: This class is geared towards those who have little or no prior drumming experience, but also accommodates intermediate players. We cover basics such as: holding and striking a drum properly, basic coordination drills, easy rhythms, and playing as a group. Drums are available to use if you do not own one. Everyone who takes the course is able to play the drum set when they finish! Those with prior experience will be given more challenging rhythms and playing techniques. Cultural influences of the types of drums and rhythms will be studied as part of the class.

*Choral Ensemble

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Fine Art or Elective

Cost: \$10.00 covers robe cleaning for the school year.

Prerequisites: None

Goals/Skills Developed: A selected mixed choir open to all grades. Students will study and perform various choral styles including both secular and sacred choral music. Enrolled students will be expected to perform at concerts, community events, and competitions. Students will learn to demonstrate pitch abilities as well as musical reading skills. Music reading skills are not required, but the student must demonstrate an ability to learn music technique.

*Jazz Band

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Fine Art or Elective

Prerequisite: By audition only

Goals/Skills Developed: The jazz band plays various types of music including swing, blues, Latin and rock. Improvisation is an important form of soloing for this group and is one of the skills which will be taught. Typical instrumentation includes: 5 trumpets, 4 trombones, 2 alto saxes, 2 tenor saxes, 1 baritone sax, 1 drummer, 1 bass, 1 guitar, and 1 piano. Assignments: Performances both during school and outside of the regular school day including concerts, assemblies, community events, and festivals. Excellent attendance, written work, participation in class, and playing tests are required.

*Advanced Percussion

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Fine Art or Elective

Prerequisite: By audition only

Cost: \$10

Goals/Skills Developed: This class will make up the Select Drum Line and also the percussion for the Concert Band. The Drum Line members will perform with the Pep Band at most home games and selected playoff games, as well as competitions and festivals outside of school. This class will cover how to play all concert percussion and drumline instruments as well as drum set. This class is open to all ability levels and all are welcome to audition though prior experience in Drumming, Concert Band, or other music classes is recommended.



OCCUPATIONAL



***Wood/Metal Trades I**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10.00 per semester

Goals/Skills Developed: An exploratory course that generally exposes individuals to precision production careers and skills. Includes instruction in basic welding, machining, woods, and safety standards.

***Forest Technology/Technician**

Open to Grades: 9 - 12

Length of course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost \$10.00 per semester

Goals/Skills Developed: This course will prepare students to assist foresters in the management and production of forest resources. Includes instruction in woods and field skills, tree identification, timber measurement, logging and timber harvesting, forest propagation and regeneration, forest fire-fighting, resource management, equipment operation and maintenance, record-keeping, sales and purchasing operations, and personnel supervision.

***Automotive Technology**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: Successful completion of Small Engines I

Cost: \$10.00 per semester

Goals/Skills Developed: This course provides students with an introduction to the automotive field. Students will learn how to take care of cars and trucks, about the basic components of a motor vehicle, its operation, and the service required to sustain it safely. Safety and appropriate tool usage is stressed. Students will troubleshoot and problem-solve while working on various cars during this course. Topics will include basic automotive maintenance and repair, brakes, steering and suspension, engine performance, electrical systems, fuel systems, alternative fuels and drive train. Maintenance and repair of today's complex automobile systems requires highly skilled and trained technicians. Students who complete this class will have a head start on gainful employment in the automotive industry.

***Wood/Metal Trades II**

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: Wood/Metal Trades I

Cost: \$10.00 per semester

Goals/Skills Developed: This course follows Wood/Metal Trades I and expands upon the skills of welding, machining, and woods. Students will further explore careers in these skill areas.

***Small Engines I**

Open to Grades: 9 - 12

Length of course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost \$10.00 per semester

Goals/Skills Developed: If you like to work on engines, this is the class for you. Students will gain skills by studying and having practical hands-on experience. Small engine repair is a course that will introduce many types of internal combustion engines. Students will develop skills and knowledge by being able to correctly identify, disassemble, inspect, repair and operate a two or four stroke engine. General maintenance and tune-up of the auto engine will also be covered along with alternative fuels and how they relate to the operation of the internal combustion engine.

***Residential Construction**

Open to Grades: 10 - 12

Length of Course: Semester or Full Year

Grad. Requirement: Occupational or Elective

Prerequisite: Wood/Metal Trades I & II

Cost: \$10

Goals/Skills Developed: If you like hands-on learning and constructing real-world projects while preparing for a high-demand job, then this is the course for you. This course will culminate with the construction of sheds which will later be converted into a tiny house in the Residential Carpentry class. This class will prepare students for entry-level jobs in construction as well as skills every homeowner should have for maintenance. Instructional activities include: blueprint reading, framing, siding, roofing, cutting, fitting, fastening, and finishing woods and steel products; the safe use of a variety of hand and power tools; the use of squaring and leveling tools; and job readiness-training for entrance into construction and construction-related occupations.



OCCUPATIONAL



*Residential Carpentry

Open to Grades: 11 - 12

Length of Course: Semester or Full Year

Grad. Requirement: Occupational or Elective

Prerequisite: Residential Construction

Cost: \$10

Goals/Skills Developed: Whether you're considering a career in construction or you just want to be a savvy homeowner, you need to take this course! You will pick up where the Residential Construction class left off – converting sheds into tiny houses. Projects will include wiring, plumbing, insulation, drywall installation, floor installation, cabinetry, and additional finish carpentry, as well as safety and job readiness-training for entrance into construction and construction-related occupations.

*Computer Applications

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10.00 per semester

Goals/Skills Developed: Learn the Microsoft Office Suite programs. Students will become certified by Microsoft via the IT Academy Program in Word, Excel, and PowerPoint. **Students have the opportunity to receive up to 12 college credits from Lower Columbia College (LCC).** The credits are free. Students must pass the certification test for Word, Excel and PowerPoint and also receive a B grade or better to receive college credits.

*Personal Finance

Open to Grades: 9 – 12 but highly recommended for juniors and seniors

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10.00 per semester

Goals/Skills Developed: This class teaches you everything you need to know about how to deal with and be successful with money. This is a class most adults wish they would have had in high school. The core of the curriculum will be based on Dave Ramsey's "Financial Peace" principles. Students will learn how to save, invest and manage money, plan for retirement and college, the pitfalls of debt, and the advantages of the right kind of insurance. Students will also learn about real estate, mortgages, careers and extra jobs, collections and credit bureaus, and how to buy bargains using the power of cash and/or negotiation

*Accounting

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10

Goals/Skills Developed: Want to learn to manage money? Whether it's your own personal finances or you are intrigued about owning your own business, this class will prepare you to "be in the know" with your cash! You will learn basic accounting principles for a business including the complete accounting cycle with end-of-period statements, bank reconciliation, payrolls, and petty cash. Upon completion, you will be able to demonstrate an understanding of accounting principles and apply those skills to a business organization and a job skill EVERY organization needs!

*Introduction to Business

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10.00 per semester

Goals/Skill Developed: This class looks at 11 different majors of business: The Economy, Owning and Operating a Business, Groups Affecting Business, Marketing to the Consumer, Human Resources, Managing Financial and Technological Resources, Career Planning in a Global Economy, Buying Goods and Services, Credit, Money Management, and Risk Management (Insurance). All of these areas will be covered in depth throughout the semester.

*Intro to Computer Science & Programming

Open to Grades: 9 - 12

Length of Course: Full Year

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10

Goals/Skills Developed: This is an introductory course, no experience is required. Work in pairs or small groups to analyze and solve problems. Persistence, creativity, collaboration, and communication are emphasized. The course explores basic topics such as programming, algorithms, the Internet, big data, digital privacy and security, and robotics. Over the course of the year, students will complete projects in web design using HTML and CSS, create games and apps using JavaScript, and work in



OCCUPATIONAL



***Advanced Business**

/Entrepreneurship

Open to Grades: 9 - 12

Length of Course: Semester

Grad. Requirement: Occupational or Elective

Prerequisite: None

Cost: \$10.00 per semester

Goals/Skill Developed: Want to learn more about how business works? Want to know how to start your own business? If you have ever dreamed of owning your own company, you need to take this class. This course prepares individuals to perform development, marketing, and management functions associated with owning and operating a business. The entrepreneurs of today and tomorrow's competitive marketplace must understand production, marketing, finance, human resources, global competition, and social, environmental, and legal issues. This course offers a student the opportunity to obtain real world business skills.

***Digital Design**

Open to Grades: 10 - 12 (Limit of 15 students)

Length of Course: Full year

Graduation Requirement: English Elective, Occupational or Elective Credit

Cost: You will need to provide your own transportation to school events and local businesses, and you must have an ASB card.

Prerequisites: In order to join the class, you must have Mr. Zylstra's permission. Strong writing skills are very important. Also, you are required to attend the spring yearbook meeting and complete the summer yearbook project.

Goals/Skills Developed: You will be designing, writing, and taking photos for the La Center High School yearbook. You will also sell and design business advertisements for the yearbook. It is really important for students to be able to set goals and work independently. You will be graded on your contribution to the class and your ability to do quality work in a timely manner.

***ASB/Leadership**

Open to Grades: 10 - 12

Length of Course: Full year

Grad. Requirement: Occupational or Elective

Prerequisite: Teacher Approval

Goals/Skills Developed: This course is strongly recommended for students who want to improve their verbal communication, teamwork skills, time management skills and organizational skills. It is a yearlong course in which all members of ASB must attend. Leadership is open for any student wishing to improve the environment of LCHS through activities, school spirit, and school participation. Students must also be willing to challenge themselves and others mentally and be willing to assume leadership positions.

*Must be approved by Ms. Stevens before registration.



OCCUPATIONAL



***Environmental Studies**

Open to Grades: 10 – 12 (9th with permission-see the Middle School counselor.)

Length of Course: Full year

Grad. Requirement: 1.0 credit each: English (10-12), Social Studies (WA State, Global Studies, US History or CWP) or Occupational or Elective

**See counselors for clarification.*

Prerequisite: Pass four or more of previous semester's classes, have good attendance, be willing to work outdoors and be able to work well with others. **See Ms. Morris if you have questions.*

Goals/Skills Developed: The Environmental Studies Class is an alternative to typical 55 minute classes. Students attend class for a 3-hour block with activities in the classroom, around the LCHS and K-8 Campus and in the La Center Community in general. Students work in a smaller class setting, outdoors and in a project-centered, somewhat hands-on manner. Skill focuses are: writing, research, critical thinking, budgeting and cost analysis, drafting, goal setting, plan creation, problem solving and plan implementation.

**Must be approved by Ms. Morris before registration.*

***Work-site Learning**

Open to Grades: 11 – 12

Length of Course: Full year

Graduation Requirement: Occupational or Elective

Prerequisites: None

Goals/Skills Developed: Work-site Learning provides a learning experience with an employer that is related to Business Education or Industrial Arts Courses. Basically, if you're utilizing skills you've learned in Business Education or Industrial Arts on the job, and the employer has been approved for work-site learning, you can earn high school credits AND get paid to work! Upon completion, you should be able to evaluate career selection, demonstrate employability skills, and satisfactorily perform work-related competencies. Work-site learning MUST be approved by Mr. Neiman for enrollment!

***Project Green**

Open to Grades: 9 – 12

Length of Course: Full year

Graduation Requirement: Occupational or Elective

Prerequisites: None

Goals/Skills Developed: Ecology, communications, goal setting, community outreach, plan creation, problem solving and plan implementation, writing, research and critical thinking.

Why you should take this course: Have you ever really wondered what it means to "be green"? Have you ever wanted to find ways to make a difference? Project Green might be just the class for you! We will explore the concept of sustainability, green economies and ways of living. Our class will research jobs and careers related to environmental sustainability, as well as be visited by people who hold jobs within the field of sustainability. We will plan and implement a project focused upon environmental sustainability within our community.

***The Green Economy: Jobs & Careers in the Environment**

Open to Grades: 10 – 12

Length of Course: Full year

Graduation Requirement: Occupational or Elective

Prerequisites: None

Goals/Skills Developed: Writing, research, critical thinking, social studies, budgeting and cost analysis, community outreach, leadership, goal setting, plan creation, problem solving and plan implementation.

Why you should take this course: Green Economy may be the class for you if you have an interest in better understanding the concept of environmental sustainability and how it relates to job and career development, industries, economies, and public policies. If you: enjoy interactive projects, prefer a direct connection between learning and the real-world, Green Economy may be just the class for you. Our class will research internships, jobs, and careers in the green economy, as well as be visited by people who hold jobs related to environmental sustainability.



OCCUPATIONAL



***Office Assistant**

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Elective or Occupational

Prerequisite: Office approval and ability to communicate with people.

Goals/Skills Developed: Basic office skills such as filing, using the telephone, mail procedures, etc., are developed. Office Assistants will use high speed copy machines and must have the ability to input information using Office and Excel programs as needed. Learning to work with others is also stressed. Good attendance is important.

***Library Assistant**

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirements: Elective or Occupational

Prerequisites: Approval of Librarian

Goals/Skills Developed: Learn the skills unique to working in a library environment. Additional skills covering office equipment and an understanding of the Internet will provide opportunities for future endeavors. Patron service will assist students in any future working environment.

***Project Success Mentor**

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Elective or Occupational

Prerequisite: Demonstrate responsibility, student success skills, flexibility and patience.

Goals/Skills Developed: Mentors go to the middle school for one period a day to work with middle school students. They help middle school students with homework, classwork, organizing binders, cleaning lockers, logging into Skyward and setting goals. Mentors will work with students individually, in small groups and in the classroom.

***Focus Mentor**

Open to Grades: 11 & 12

Length of Course: Semester

Grad. Requirement: Elective or Occupational

Prerequisite: Demonstrate responsibility, student success skills, flexibility and patience. Must have teacher approval

Goals/Skills Developed: Mentors work with 9th and 10th grade students in the Focus classes. They help students with homework, classwork, organizing binders, cleaning lockers, logging into Skyward and setting goals. Mentors will work with students individually, and in small groups in the classroom.

COLLEGE PREP AND READINESS

Open to Grades: 12 (1st Semester only) NOTE: Class is held Zero Period (before school)

Length of Course: Semester

Grad. Requirement: Elective

Prerequisite: Interest in attending any post-secondary institution.

Goals/Skills Developed: Students will learn the process of applying to any post-secondary institution and complete assignments directly related to active scholarships and admissions applications; including gathering the materials required and meeting deadlines on a regular basis. Students will also learn the financial aid process along with important steps to transition from high school to beyond. Attendance and organizational skills are critical for this class. Other critical skills include: persistence, optimism, intrinsic motivation, essay writing, self-advocacy, attention to detail, and more.

Assignments: Finding your 'fit,' scholarship applications, admissions applications, F.A.F.S.A., essay writing, letters of recommendation, and other as assigned.



HEALTH / FITNESS



Health

Open to Grades: 9 – 12

Length of Course: Semester

Grad. Requirement: Health

Prerequisite: None

Goals/Skills Developed: Health is designed to provide students with accurate information about how to stay healthy and/or improve their health. The topics will relate to physical, mental and social well-being.

Physical Education 10 - 12

Open to Grades: 10 - 12

Length of Course: Semester or Full Year

Grad. Requirement: P.E.

Prerequisite: None

Goals/Skills Developed: This course will provide a variety of activities, games, goal setting, skills, and sports. Grading is based on a point system with emphasis on participation, attendance, sportsmanship, and professionalism. Students are required to dress down daily to earn a passing grade. This class is for anyone looking to enjoy a variety of physical activities, games, and sport specific skills and activities.

Some activities will include:

- Components of fitness
- Games
- Sport specific skills and activities

Physical Education 9

Open to Grade: 9

Length of Course: Semester or Full Year

Grad. Requirement: P.E.

Prerequisite: None

Goals/Skills Developed: This course will provide a variety of activities, games, goal setting, skills, and sports. Grading is based on a point system with emphasis on participation, attendance, sportsmanship, and professionalism. Students are required to dress down daily to earn a passing grade. This class is an introduction to physical education for all 9th grade students.

Some activities will include:

- Components of fitness
- Games
- Sport specific skills and activities

Toning

Open to Grades: 10 - 12

Length of Course: Semester or Full Year

Grad. Requirement: P.E. or Elective

Prerequisite: None

Goals/Skills Developed: This course will incorporate low impact, light weight lifting and repetition into a variety of workouts and activities that will increase student's lean muscle mass, flexibility, overall health and endurance. Goal setting and participation will also be major components to this class. Students are required to dress down daily to earn a passing grade. Toning is for any student looking for a low impact way to build lean muscle, increase flexibility and improve overall health.

Activities for these courses include:

- Resistance bands for all major muscle groups
- Yoga
- Strength training
- Stretching



HEALTH / FITNESS



Weight Training

Open to Grades: 10 - 12

Length of Course: Semester or Full Year

Grad. Requirement: P.E. or Elective

Prerequisite: None

Goals/Skills Developed: Weight training is an intense activity that involves lifting weights, goal setting, and perseverance. A combination of weight lifting, agility, and speed drills will be used to challenge students to work towards their optimal potential. Proper technique, safety, and goal setting will also be major components to student success in this class. Students are required to dress down daily to earn a passing grade. This class would be a good fit for anyone participating in a sport or wanting to build muscle, strength and change body composition.

Advanced Weight Training

Open to Grades: 10 - 12

Length of Course: Semester or Full Year

Grad. Requirement: P.E. or Elective

Prerequisites: None, 9th graders need pre-approval from Mr. Lambert.

Goal/Skills Developed: This class is for serious weight lifters only. There is nothing casual about this class. Workouts will vary from powerlifting to P90x type workouts to speed training work. Students are required to dress down daily to earn a passing grade. The workouts will be intense and hard. Only sign up for this class if you are serious about getting bigger faster, stronger, and more fit.

-- La Center School District No. 101 complies with all state and federal rules and regulations and provides equal opportunity in programs and employment and does not unlawfully discriminate on the basis of race, color, national origin/language, marital status, sex, sexual orientation-including gender expression or identity, creed, religion, age, veteran or military status, disability, or the use of a trained dog guide or service animal by a person with a disability, and provides equal access to the Boy Scouts of America and other designated youth groups. We also comply with Section 504 of the Rehabilitation Act of 1973; Section 402 of the Vietnam Era Veterans Readjustment Act of 1974; the American with Disabilities Act of 1990; the Civil Rights Act of 1964; the Age Discrimination in Employment Act; Older Worker Protection Act; and all other state, federal and local equal opportunity laws. Inquiries regarding compliance procedures, contact Dave Holmes, Superintendent and Civil Rights Coordinator at PO Box 1840, La Center, WA 98629, (360) 263-2131 or by email at dave.holmes@lacenterschools.org. Inquiries regarding Title IX compliance procedures, contact Matt Cooke, District Director of Athletics and Extra-Curricular Activities at PO Box 1840, La Center, WAA 98629, (360) 263-1700 or by email at matt.cooke@lacenterschools.org. Inquiries regarding Section 504/ADA Coordinator contact Peter Rosenkranz, Special Education Director at PO Box 1750, La Center, WA 98629, (360) 263-2136 or by email at peter.rosenkranz@lacenterschools.org.