La Center School District

ATHLETIC PACKET

This packet contains information and permission forms needed for participation in school athletics. All athletes must have the following forms on file before the first practice.

- ✓ Signed Activity/Athletic/Emergency Medical Form
- ✓ Current Physical (must be valid for the entire season)
- ✓ Caution Form (per sport)
- ✓ Weight Permit (wrestling only)

Required fees must be paid prior to the first athletic event

Middle School	***High School***
$~~10.00~~ / ASB Card	$~~15.00~~ / ASB Card
$~~15.00~~ / User fee	$~~25.00~~ / Users fee

I feel these fees should be increased. We have not changed these fees for 10 years. We are not keeping up with the rising cost of officials and equipment. I believe they should be raised at a minimum on $10 each.

Schools in District 4

total # reporting	# charge	Avg User Fee	# charge	Avg. ASB

MS	14	6	$64.17	14	$20.36
4A	5	1	$80.00	5	$32.00
3A	3	2	$35.00	3	$31.67
2A	7	3	$65.00	7	$35.00
1A	9	6	$45.83	9	$24.89
2B	13	3	$78.33	11	$26.82
1B	5	1	$120.00	2	$32.50

Most schools in our league are around $40 ASB and $60 User Fee

La Center	High School	415	400
ASB	User Fee	ASB	User Fee
$15.00	$25.00	$6,225.00	$10,000.00
$20.00	$30.00	$8,300.00	$12,000.00
$25.00	$35.00	$10,375.00	$14,000.00
$30.00	$40.00	$12,450.00	$16,000.00
$35.00	$45.00	$14,525.00	$18,000.00
$40.00	$50.00	$16,600.00	$20,000.00
$45.00	$55.00	$18,675.00	$22,000.00

La Center	Middle School	315	300
ASB	User Fee	ASB	User Fee
$10.00	$15.00	$3,150.00	$4,500.00
$15.00	$20.00	$4,725.00	$6,000.00
$20.00	$25.00	$6,300.00	$7,500.00
$25.00	$30.00	$7,875.00	$9,000.00
$30.00	$35.00	$9,450.00	$10,500.00
$35.00	$40.00	$11,025.00	$12,000.00
$40.00	$45.00	$12,600.00	$13,500.00

LA CENTER SCHOOL DISTRICT ELIGIBILITY

La Center and W.I.A.A. Eligibility Regulations

1) The student must be a regular student of the school.

2) In order to maintain athletic eligibility during the current season, the student must be passing all classes (no failing grades), *passing navigation, passing all school monitored online courses* and have a 2.0 GPA.

3) **High School**
   a. Eligibility will be checked at the beginning of each season and at every regular reporting (semester, quarter, midterm) of student grades. *Navigation and school monitored online courses must show a passing grade at each grade check. If a student is not passing navigation they will be ineligible for all interscholastic contests until the grade is brought up to passing. All school monitored online classes taken as part of the six period class load will be considered as any regular class. If a online class is taken in addition to the regular six period day and the student is falling they will be ineligible for interscholastic competition until they bring that grade up to passing.* Students who fail to meet the La Center School District grade requirement will be placed on probationary eligibility for three weeks. If a student's grades have not improved after three weeks, the student will be declared ineligible to participate in interscholastic contest. A student may be placed on probationary eligibility only once per season. The second time a student fails to meet the grade requirement in a season will result in the student being declared ineligible. The ineligible student will retain this status until they meet the grade requirement. Grade checks for ineligible students will be done on the first day of the week at the student's request. Ineligible students may still practice but cannot travel with the team if school will be missed. Each head coach will determine how long an ineligible athlete may remain on the team.

4) **Middle School**
   a. Students who fail to meet the La Center School District grade requirement will be put on probationary eligibility for three weeks. *Navigation and school monitored online courses must show a passing grade at each grade check. If a student is not passing navigation they will be ineligible for all interscholastic contests until the grade is brought up to passing. All school monitored online classes taken as part of the six period class load will be considered as any regular class. If a online class is taken in addition to the regular six period day and the student is falling they will be ineligible for interscholastic competition until they bring that grade up to passing.* A student may only be placed on probationary eligibility once per season. The second time a student fails to meet the grade requirement in a season will result in the student being declared ineligible. If a student's grades have not improved after three weeks, the student will be declared ineligible to participate in interscholastic contests. The ineligible student will retain this status until they meet the grade requirement. Grade checks for ineligible students will be done on the first day of the week at the student's request. Ineligible students may still practice, but cannot travel with the team. Grades will be checked for eligibility purposes at the beginning of each season, three weeks into the season, and six weeks into the season. If a normal grading period happens to fall within a reasonably close proximity to one of these times, then grades will be checked at that time. Each head coach will determine how long an ineligible athlete may remain on the team.

5) Incompletes may be made up for credit during the first five weeks of the semester. Until made up, the student will be considered ineligible.

6) Students shall meet all W.I.A.A. regulations.
   a. The student must have met the W.I.A.A. academic standards of passing at least five classes currently and the previous semester.

7) Students must comply with attendance regulations stated in the Athletic Code.

8) Prior to the first practice for participation in interscholastic athletics a student shall undergo a thorough medical examination or have a current valid physical on file by a medical authority licensed to perform a physical examination. The physical must be valid for the entire season.

ATHLETIC CODE

THIS CODE APPLIES TO STUDENTS WHO PARTICIPATE IN ATHLETIC ACTIVITIES INVOLVING OTHER SCHOOLS.

The opportunity to participate in the athletic program is a privilege granted to all students of the district. Participants in voluntary programs are expected to conform to specific conduct standards established by coaches, advisors and administrators and those identified in this athletic code. A student found to be in violation of any of the standards and/or rules is subject to disciplinary action, which may include suspension and/or removal from the sport. Provision is made for a student who has allegedly violated one or more of the conduct rules to appeal any disciplinary action, suspension and/or expulsion as specified in this code. Students must meet all WIAA standards, be passing all classes (no failing grades), and have a 2.0 GPA to be eligible to participate in athletic activities involving other schools. *Navigation and school monitored online courses must show a passing grade at each grade check. If a student is not passing navigation they will be ineligible for all interscholastic contests until the grade is brought up to passing. All school monitored online classes taken as part of the six period class load will be considered as any regular class. If a online class is taken in addition to the regular six period day and the student is falling they will be ineligible for interscholastic competition until they bring that grade up to passing.*

At the middle school students who fail to meet the La Center School District grade requirement will be put on probationary eligibility for three weeks. A student may only be placed on probationary eligibility once per season. The second time a student fails to meet the grade requirement in a season will result in the student being declared ineligible. If a student's grades have not improved after three weeks, the student will be declared ineligible to participate in interscholastic contests. The ineligible student will retain this status until he/she meets the grade requirement. Grade checks for ineligible students will be done on the first day of the week at the student's request. Ineligible students may still practice, but cannot travel with the team. Grades will be checked for eligibility purposes at the beginning of each season, three weeks into the season, and six weeks into the season. If a normal grading period happens to fall within a reasonably close proximity to one of these times, then grades will be checked at that time.

At the high school students who fail to meet the La Center School District grade requirement will be placed on probationary eligibility for three weeks. If a student's grades have not improved after three weeks, the student will be declared ineligible to participate in interscholastic contests. A student may be placed on probationary eligibility only once per season. The second time a student fails to meet the grade requirement in a season will result in the student being declared ineligible. The ineligible student will retain this status until he/she meets the grade requirement. Grade checks for ineligible students will be done on the first day of the week at the student's request. Ineligible students may still practice but cannot travel with the team if school will be missed. Eligibility will be checked at the beginning of each season and at every regular reporting (semester, quarter, midterm) of student grades.

All participants will travel to and from events, regular and post-season, with the team in school district provided/approved transportation. On overnight trips, all participants will stay with the team for the entire time unless arrangements have been made with the school supervisor at the event. Participants can only be released to their parent(s).

Participants shall turn out starting on the first allowable day of practice. Any student who wishes to participate after practices have started and teams have been determined will only be allowed to participate if no other participants have been cut, and must receive approval of the head coach and Athletic Director. Such athletes will be placed on the sub-varsity team until practice requirements have been met and will play at that level until they have earned a spot on a higher team. In order to be able to participate at the varsity level the participant must join the team with at least 50% of the regular season remaining.

The school does not cover participants in cases of injury, however, it may carry a catastrophic injury policy through the W.I.A.A. as a secondary insurance policy to cover severe injuries beyond the scope of personal family insurance limits.

SPECIFIC PROVISIONS:

All athletes shall be required to purchase an A.S.B. card. Athletes shall pay a user fee for each sport. Prior to participation in any practices or contests athletes must have a valid physical exam that meets WIAA standards. It is required that student/athletes have medical and dental insurance.

1. **Use and/or Possession of Tobacco.** An athlete/extra-curricular participant who is found to have used or possessed tobacco shall be suspended from the team/activity for a period of four weeks. Any time not completed during the current season/activity will be completed during the next season/activity in which the student participates. Should the athlete/extra-curricular participant consent to participate in, and successfully complete, tobacco education awareness procedures established by the athletic director or his/her designee, the suspension may be reduced to not less than two weeks. During that time he/she may practice with the team but not participate in interscholastic competition.

   A second offense will result in removal from the team/activity for the remainder of the season or the following eight weeks, whichever is longer. Any time not completed during the current season/activity will be completed during the next season/activity in which the student participates.

2. **Use, Sale, Distribution and/or Possession of Alcoholic Beverages, Non-prescribed Mood or Performance Enhancing/Changing Drugs, Narcotics, Hallucinatory Agents and Legend Drugs, Including Anabolic Steroids.** An athlete/extra-curricular participant found by criminal conviction or otherwise to have used, sold, distributed or be in possession of alcoholic beverages, non-prescribed mood or performance enhancing/changing drugs, narcotics, hallucinatory agents and legend drugs including anabolic steroids shall be disqualified from participation in WIAA or school activities during that season or the following eight weeks, whichever is longer. Any time not completed during the current season/activity will be completed during the next season/activity in which the student participates. Should the athlete/extra-curricular participant consent to participate in drug/alcohol assessment and abide by the recommendations of the assessing agency, the suspension from the team/activity may be reduced to not less than four weeks. Proof of assessment and completion of or significant participation in the assessing agency's recommendations must be evident within the four weeks. During the time of treatment/assessment the student may practice with the team/activity but is not permitted to participate in competition or programs involving other schools. A second offense during the student's high school years will result in ineligibility and prohibition from participating in any WIAA or school activity for a period of one calendar year from the date of the second violation. The penalty for a third violation shall be permanent prohibition from participating in a WIAA or school sponsored extra-curricular activity.

   Student athletes/extracurricular participants, when faced with being in a situation of being around people who are illegally using drugs or alcohol, are expected to immediately leave the party, gathering, etc. This might mean phoning a parent, friend, or other adult to come pick them up and remove them from the situation. Failure to do so is a violation of rule number two listed above.

   Definitions of terms.

   "or otherwise" refers to if a coach or school administrator becomes aware of the use of alcohol or drugs by an individual or a group of individuals at a party, "kegger," or any other

time. Awareness on the part of school personnel can be from admission by the individual(s) involved, substantiated reports, or multiple witnesses to the act of using alcohol or drugs.

"used" is defined as illegal use of alcohol or drugs in any amount, no matter how small (i.e. one sip).

"distributed" is defined as: 1. giving anyone else a drink or drugs; 2. providing a place for student athletes or extracurricular participants to consume alcohol or drugs (i.e. handing someone a drink at a party or allowing drinks to be distributed at your house if hosting a party).

"possession" is defined as being in physical possession of illegal drugs, including controlled substances, or related drugs, or alcohol as well as being present in any environment where the illegal use of such drugs or controlled substances or alcohol is taking place including, but not limited to, athletes/participants presence at parties or other gatherings where others are selling, using, in physical possession of, or delivering non-prescription mood or performance enhancing/changing drugs, narcotics, hallucinogens, controlled substances, or legend drugs including anabolic steroids.

3. **Physical Appearance.** An athlete/extra-curricular participant shall maintain the dress and grooming standards of the coach of each sport.

4. **Unsportsmanlike Conduct.** An athlete/extra-curricular participant shall exhibit appropriate conduct in practices, contests and while traveling to and from activities.

5. **Attendance at School.** Athletes/extra-curricular participants must be in school all day to participate in practice or a game. Prior approval for doctor, dentist, or other extenuating circumstances is needed for exception to this rule. Exception may only be approved by the principal, assistant principal, or athletic director.

6. **Absence from Practice.** An athlete is expected to be in attendance at all team practices unless excused for illness or by prior approval.

7. **Repeated Offenses.** If a student repeatedly violates 3, 4, 5 or 6 as mentioned above he/she may be suspended from the team for the remainder of the sports season.

Appeals Process

When infractions occur within the activity and athletic program, the following process may be followed:

1. Upon the imposition of penalty for infraction(s) of said rules or regulations, any aggrieved student, parent or guardian of said student shall have the right to an informal conference with the athletic director and/or his designee to try and resolve the grievance. If the student, parent or guardians do not make a verbal or written request for this informal conference within three (3) school days of the action grieved, they will have waived their right to the conference and appeal procedure. The informal conference is to be held within three (3) days of the request.

2. If the parties are unable to resolve the grievance at the informal conference, the aggrieved party may appeal to the superintendent of schools or his designee within two (2) school days. The superintendent or his designee shall appoint a hearing officer. After hearing the case in detail, the hearing officer shall render a decision within five (5) school days of the hearing.

3. The aggrieved party may appeal the hearing officer's decision to the board of directors within three (3) school days. The board of directors, after hearing the case at the next regularly scheduled board meeting, shall render a decision on the case within ten (10) school days of the hearing. This decision shall be final.

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