

# September

## La Center Middle & Elementary School

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 <sup>st</sup> two main dishes are K-4 Choices  All lunches include a trip to the salad bar	(G)Go Go Foods are almost anytime foods (S) Slow Sometimes Food (W)Whoa Once in awhile Foods	NO SCHOOL	(W)Pizza (G)Turkey Sub (S)Hamburger (G)Salad (G)Fruit (G)Icee Juicee (G)Milk NO SPECIAL SALAD	(S)Chicken/Bun (G)Deli Sandwich (S)Turkey Club (G)Salad (G)Fruit (G)Milk NO SPECIAL SALAD	(S)Hamburger (S)BBQ Rib (W)Pizza (G)Salad (G)Fruit (G)Milk	Encourage your student to eat more fruits and vegetables--- visit the salad bar.
<b>Lunch Prices</b> K-4---\$2.15 5-8---\$2.40  <b>Reduced</b> K-3---Free 4-8---\$.40  Adults---\$3.60	NO SCHOOL LABOR DAY	(W)Nacho (G) Deli Sandwich (S)Hamburger (S) Oriental Salad (G)Salad (G)Fruit (G)Milk	(G)Pasta w/Meat Sauce (S)Ham & Cheese Bagel (W) Pizza (S)Chef Salad (G) Salad & Fruit (G)Corn (G)Milk	(W)Corn Dog (G)Turkey Sub (S)Chicken/Bun (W)Taco Salad (G)Salad (G)Fruit (G)Milk (S) Fruit Snack	(S)Soft Taco (S)Hamburger (W)Pizza (G)Spanish Rice (G)Salad (G)Fruit (G)Milk	
	(S)Hamburger (S)Chicken/Bun (W)Pizza (S)Oven Fries (G)Fruit (G)Salad (G)Milk	(S)Salisbury Steak w/Brown Gravy (S)Chicken Nuggets (S)Oriental Salad (G)Mashed Potatoes (G) Salad & Fruit (G)Roll (S)Ice Cream (G)Milk	(W)Hot Dog (S)Meatball Sub (W)Pizza (S)Chef Salad (S)Chips (G)Veggie Beans (G)Fruit (G)Salad (G)Milk	(W)Pizza (W) PB & J (G)Deli Sandwich (W)Taco Salad (G)Corn (G)Salad (G)Fruit (G)Milk	EARLY DISMISSAL 11:30 NO LUNCH SERVED	
	(G)Pasta w/Meat Sauce (S)Ham & Cheese (W)Pizza (G)Salad (G)Fruit (G)Milk	(S)Hamburger (S)BBQ Rib (W)Chicken Caesar Wrap (S)Oriental Salad (G)Fruit (G)Salad (G)Milk	(W)Burrito (S)Chicken/Bun (W)Pizza (S)Chef Salad (S)Fruit Snack (G)Salad (G)Fruit (G)Milk	(S)Chicken Strips w/Breadstick (G)Turkey Sub (S)Hamburger (W)Taco Salad (G)Salad (G)Fruit (G)Milk	(W)Pizza Bagel (W)PB & J (G)Deli Sandwich (G)Fruit (G)Salad (G)Milk (G)Icee Juicee	
	(S)Chicken/Bun (S)Turkey Club (W)Pizza (S)Oven Fries (G)Salad (G)Fruit (G)Milk	(W)Cheese Zombie (S)Ham & Cheese (G)Tuna Sub (S)Oriental Salad (G)Tomato Soup (G)Fruit (G)Salad (G)Milk	(W)Corn Dog (G)Deli Sandwich (W)Pizza (S)Chef Salad (G)Salad (G)Fruit (G)Milk			

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