

November

La Center Middle & Elementary School

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>	
1st two choices are K-4 choices All lunches include a trip to the salad bar		1 (S)Cheese Quesadilla (S)Ham & Cheese (S)Hamburger (G)Salad/Carrots (G)Fruit/Apple (G)Tomato Soup (G)Milk	2 (S)Burrito (G)Deli Sandwich (W)Pizza (G)Salad (G)Fruit/Apple (G)Green Beans (G)Milk	3 (S)Chicken Nuggets w/Breadstick (G)Turkey Sub (S)Chicken/Bun (G)Salad/Carrots (G)Fruit/Apple (G)Milk	4 (W)Pizza Bagel (S)PB & J (G)Salad (G)Fruit/Apple (G)Corn (G)Milk		
Lunch Prices K-4-- \$2.15 5-8---\$2.40 Reduced K-3—Free 4-8--\$.40 Adults---\$3.60	7 (S)Nachos (G)Deli Sandwich (W)Pizza (G)Salad/Carrots (G)Fruit/Apple (G)Milk	8 (S)Hamburger (S)BBQ Rib (S)Ham & Cheese Bagel (G)Salad/Carrots (G)Fruit/Apple (G)Milk	9 (W)Pizza (G)Turkey Sub (G)Tuna Sub (G)Salad (G)Fruit/Apple (G)Corn (G)Milk	10 (S)Chicken/Bun (S)Turkey Club (S)Fish Burger (G)Salad (G)Fruit/Apple (S)Oven Fries (G)Milk	11 NO SCHOOL VETERANS DAY	Sandwichs are made on whole grain bread whenever possible	
Ala Carte Milk \$.30	14 (S)BBQ Rib ((S)Fish Burger (W)Pizza (G)Salad/Carrots (G)Fruit/Apple (G)Milk	15 (G)Pasta w/Meat Sauce (G)Deli Sandwich (W)Chicken Caesar Wrap (G)Salad/Carrot (G)Fruit/Apple (G)Milk	16 (S)Corn Dog (S)Ham & Cheese (W)Pizza (G)Salad (G)Fruit/Apple (S)Cookie (G)Milk	17 (G)Turkey Gravy (S)Chicken Nuggets (G)Mashed Potatoes (G)Salad & Fruit (G)Roll (S)Ice Cream (G)Milk	18 EARLY DISMISSAL NO LUNCH SERVED	(Go) Go foods are anytime foods (S) Slow foods are sometimes foods (W) Whoa foods are once in a while foods	
	21 (W)Hot Dog (S)Meatball Sub (W)Pizza (G)Salad (G)Fruit/Apple (G)Veggie Beans (G)Milk	22 (S)Chicken/Bun (G)Deli Sandwich (S)Turkey Club (G)Salad/Carrots (G)Fruit/Apple (S)Chips (G)Milk	NO SCHOOL THANKSGIVING VACATION			25	
	28 (G)Pasta w/Meat Sauce (S)Ham & Cheese Bagel (W)Pizza (G)Salad/Carrots (G)Fruit/Apple (G)Milk	29 (S)Chicken Nuggets (S)Teriyaki Dippers (G)Tuna Sub (G)Brown Rice (G)Salad (G)Fruit/Apple (G)Fortune Cookie (G)Milk	30 (W)Pizza (G)Turkey Sub (S)Chicken/Bun (G)Salad (G)Fruit/Apple (G)Corn (G)Milk			Menu subject to change without notice	
This institution is an equal opportunity provider							

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