

**LESSON GOALS:**

- Help students review their Financial Plans.
- Help students begin their Career Exploration Reflections.

**ESSENTIAL QUESTIONS:**

- What are my interests?
- What should I do?

**MATERIALS NEEDED:**

- **Career Exploration Reflection Worksheet** (*final two pages of this lesson plan*)
- **Career Pathways Handout**

**CLASSROOM ACTIVITIES:**

1. **Review students' Financial Plan.** Have students retrieve their Financial Plan worksheets from their portfolios and take a few minutes to discuss them. How firm are students' plans? How many of them have a clear financial plan for next year? Students will incorporate this information into their High School & Beyond Plans. For now, though, you may wish to refer any students who do not have clear plans to your Counseling or Career Center for additional help.
2. **Hand out Career Pathways Sheet.** This will help students see their job interest category, which may give them other career options.
3. **Help students begin their Career Exploration Reflection.** Students' portfolios must include a typed essay of at least two pages on one career that interests them. The essay must explain how they became interested in the career, what education or training they will need, and how they have used their high school years to learn about this career. Help students complete the worksheet, which will be a guide for those who wish to then prepare a typed essay to submit.
4. **Question answer period with the instructor**

**STUDENT PRODUCTS:**

- **Career Exploration Reflection Worksheet.** Students should begin work and file this in their portfolios for later use.



# CAREER EXPLORATION REFLECTION

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Advisor: \_\_\_\_\_

## WHAT WILL YOU DO AFTER HIGH SCHOOL?

And what education or training will you need to achieve your goals? Use this worksheet as the start of your Career Exploration Reflection.

## FIRST, WHAT DO YOU WANT TO DO?

What do you want to do? Note your career pathway and at least one potential career.

## NEXT, WHAT HAVE YOU LEARNED ABOUT THIS CAREER?

What career research have you completed? What did you learn? Check each category that applies, and write what career you researched and what you learned.

- Group career information interview
  
- Individual career information interview
  
- Job shadow
  
- Internship
  
- Other research

What was the most important career exploration exercise you completed? Why?



## FINALLY, HOW WILL YOU ACHIEVE YOUR DREAMS?

What will you need to do to achieve your career goal?

- No postsecondary education (*please explain why*) \_\_\_\_\_
- Apprenticeship
- Two-year degree
- Four-year degree
- Post-graduate degree
- Military Service
- Other

What have you done to prepare for this postsecondary plan?

What will you study during postsecondary?

What is your backup career plan?

