

## **Academic Journal Prompt #1**

Using your First Semester Academic Goals sheet and your Grade Tracking Sheet, review the target/goal grade you set for yourself in each class and the grade that you earned for the semester. In your journal, discuss how you feel about your success in achieving your target grades. Consider the following:

- Did you achieve most of your goals?
- What did you do especially well to help you achieve your goals?
- Where do you need to improve?
- What was your single biggest academic challenge and how did you attempt to overcome it?
- On Question #3 on your First Semester Academic Goals, you had to complete the sentence, "At the end of the semester, I will feel successful if. . ." How did you complete that sentence, and do you feel successful? Why or why not?