

## Activities at La Center High School - 2009-10

<b>Non-Athletic Activities</b>			
<b>ACTIVITY</b>	<b>ADVISOR</b>	<b>HOW TO GET INVOLVED</b>	<b>WHAT ELSE TO KNOW</b>
ASB/Leadership	Mrs. Stevens (aka Oz)	Elections for ASB positions and applications for Leadership available in the spring	Individual class officers elected in the fall
Cispus	Middle School	Visit the high school office	
Peer Mediation/Challenge Course	Mrs. Link	You must be a junior or senior and have instructor approval	Challenge course can be accessed through LC Community Education
Knowledge Bowl	Mrs. Croskrey	Talk to Mrs. Croskrey	To participate, you must have an ASB card and you must meet the academic requirements of athletes. The first practice will be mid-October and we'll practice Tuesdays and Thursdays after school. There are four "round robin" competitions during the season; then varsity will compete in a regional tournament. The season runs through February, unless we qualify for State; then it's the end of March
DECA	Mr. Lambert	Talk to Mr. Lambert	
National Honor Society (NHS)	Mrs. Croskrey	Students can't just sign up. According to the national rules, they must be at least a sophomore to join NHS	Eligible students (at least a 3.25 cumulative GPA) will receive an invitation to apply at the beginning of the second semester of their sophomore, junior, or senior year. Applications will be reviewed by a faculty committee. Inductees must excel in leadership, character, service, and scholarship.
Science Club	Mr. Hill	Listen for meeting announcements and then come on down to Mr. Hill's room	

<b>Athletic Activities</b>			
<b>ACTIVITY</b>	<b>COACH</b>	<b>HOW TO GET INVOLVED</b>	<b>OTHER INFORMATION</b>
Dance/Cheer Team	Ms. Holter	Tryouts are in the spring	There are competitions throughout the year; anyone is welcome to come watch
Boys Basketball	Herm VanWeerdhuizen	See Lynne in the high school office	Tryouts are in November
Girls Basketball	Mrs. Stevens and Mr. Prewitt	See Lynne in the high school office	Tryouts are in November
Cross Country	Mr. Holmes	See Lynne in the high school office	Tryouts are in the fall
Track	Mr. Holmes	See Lynne in the high school office	Tryouts are in the spring
Baseball	Rob Williamson and Jason Grotte	See Lynne in the high school office	Tryouts are in the spring
Softball	Randy Martinez and Mrs. Eiesland	See Lynne in the high school office	Tryouts are in the spring
Wrestling	Brian Nevels and Mr. Cooke	See Lynne in the high school office	Sign up in the office at the end of October
Boys Golf	Rusty Kissinger	See Lynne in the high school office	Tryouts are in the fall
Girls Golf	Rusty Kissinger	See Lynne in the high school office	Tryouts are in the spring
Volleyball	Ms. Grotte, Jason Grotte, and Shelbi Dekalb	See Lynne in the high school office	Tryouts are in the fall
Boys Soccer	Herm VanWeerdhuizen	See Lynne in the high school office	Tryouts are in the spring
Girls Soccer	Herm VanWeerdhuizen	See Lynne in the high school office	Tryouts are in the fall
Equestrian	Vickie Spaulding and Joan Cooper	See Lynne in the high school office	Practice begins in December
Football	Mr. Lambert	See Lynne in the high school office	Practice begins in the fall
Weight Club			

Drama, Band, Choir, and Yearbook are classes. See the counselor for information.