

**La Center High School Seniors Support Youth  
CWP Service Hours Requirement 2009-2010**

What is service learning?

The core concept driving this educational strategy is that by combining service objectives and learning objectives, along with the intent to show measurable change in both the recipient and the provider of the service, the result is a radically-effective transformative method of teaching students.

**Expectations:**

**-15 hours of contact time.** We prefer you work with La Center middle or elementary students. We want you to work directly with a student or group of students. If you wish to make a proposal to do service in an area not listed below, do it with your C.W.P. teacher's approval, using the form that is included below.

- Summer service hours may be pre-approved by your C.W.P. teacher after you have filled out the pre-approval paperwork that includes developing a plan and rubric. More information about this is at the end of this information sheet.

- You might do any combination of activities to reach 15 hours. Also one activity—ie: coaching a basketball team meets requirements. Follow the required paperwork steps included at the end of this overview.

- Cispus will count towards service hours, if you follow the required paperwork steps included at the end of this overview.

- Running a time clock or making copies for an adult does not fit our criteria. If you are a teacher's aide, you are doing this work for credit so it will not be applicable to C.W.P service hours.

-We have brainstormed a list of activities. After you have selected an activity or activities, we expect your **written service plan by September 30, 2009**. You are not limited to our activity list. However, you must use the approval form and have in before 9/30/09.

**- September 30th is an important deadline. Do not wait, begin working on it now.**

**- All service must be completed by 4/30/10 to participate in senior graduation exercises.**

**Brainstorming List**

- Ms. Firl from La Center Community Education is the person to contact if you have a talent to instruct an intramural class through community education. For example: arts, music instrument instruction, auto repair, web page design, application of various software classes, internet safety class, photography, creative writing, yoga, motorcycle maintenance, wood or metal projects, clay or pottery exploration, drama techniques, cosmic activity? .....any class may be taught as long as Ms. Firl approves the activity.

- Tutoring
- Cispus
- Working with Leadership class to create meaningful assemblies or activities
- Boy or Girl Scouts
- Y.W.C.A or Y.M.C.A.
- Mentorship (Must be pre-approved by teacher)
- Intramurals through Community Education:

- Sports or other pre-arranged activity through Ms. Firl at La Center Community Education must have two coaches per team and fully complete season.

Basketball  
Volleyball  
Football

Soccer  
Baseball  
Cheer Camp

- La Center High School Forum work between high and middle school students
- Assistance middle school students with Advisory (their navigation class)
- Neighbors Helping Neighbors outreach with other students

**Follow the steps below to complete service requirements.**

**Target**

Apply your skills, knowledge and talents to improve the lives of middle and elementary school students. If you prefer, you may propose an alternative service option.

**Either way, service is completed by April 30<sup>th</sup> 2010.**

**Steps 1 and 2 are due on 9/30/09**

**Step 1. Create your written community service plan including: measurable, realistic goals.**

Plan a timeline from beginning to end, write out the sequence of actions you will be doing throughout your service; identify the dates and times you will be engaged in activities; determine the best person to sign off on your contributions.

**Step 2. Create a rubric for evaluating your plan.** The rubric needs to include your evaluation of **growth in relation to your goals**. Be sure to address the quality of your planning and execution of your plan. Assess your work ethic and level of enthusiasm. Get feedback from others who were involved with your service plan, including the kids you supported. Include the feedback in your reflection writing. Steps one and two are due by 9/30/09.

**Step 3. Execute your plan.** Keep a journal and write a few sentences after each meeting with the people you are serving. This will help you write a final reflection for your portfolio. Yes, you will turn this in too.

**Step 4. Evaluate your effectiveness including input from: student(s), teacher(s), parent(s).... (if applicable)**  
Remember you have already constructed a rubric. Now is the time to use it.

**Step 5. \*Write your reflection including how you reached the target. (see below)** Your journal should help you write a terrific paper. Both the journal and reflection paper will be turned in together.

**Step 6. All of this work is due by 4/30/10 and should be kept in your Navigation portfolio after completion.**

**Pre –Approved Service Form**  
**And Written Community Service Plan**

(This must be done prior to summer service. All other seniors will complete a pre-approval form before 9/30/09)

Do you have a written plan as described in Step 1?  
Attach it to this form:

Do you have a written rubric to measure your efforts? Refer to Step 2  
Attach it to this form:

CWP Teacher's signature \_\_\_\_\_

Mentor's information \_\_\_\_\_(name)

\_\_\_\_\_ (signature)

\_\_\_\_\_ (title)

Parent Approval \_\_\_\_\_

Date \_\_\_\_\_



## **Reflective Writing on CWP Community Service Form**

Respond to the following with complete sentences regarding your community service experience. There are three broad considerations: What? So What? And Now What?

### **WHAT?**

What influenced your decision on which community service opportunity to do?

Recall what you experienced remembering the activities you performed.

Give examples of how your community service was meaningful, valuable, and necessary.

### **SO WHAT?...**

Reflect and articulate what the significance of the experience was for you.

Did you do this service because you were motivated by your desire to help or did you participate to satisfy a requirement?

What did you gain from your community service?

What benefit will it have for others?

What did you learn about our community?

How do you feel about the work you accomplished?

What changes happened due to your efforts?

### **NOW WHAT?**

Transfer the experience(s) and related experience to your everyday life.

What will you take with you from this experience?

State at least one way that it will benefit you in the future?

Will you continue doing this project or revisit it later?