

Cooking Class: Hummus, foccoccia bread & salad dressings!

Instructor: Karen Kennedy, MS Certified Nutritionist

Learn how to make great hummus at home, how to make your own fabulous salad dressing and a quick and delicious foccoccia bread to eat on its own or as a pizza base. Having these 3 items under your belt gives you some great dishes for the spring! Come Hungry!

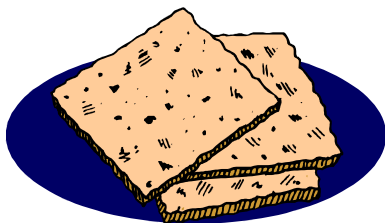
Karen is a certified nutritionist with a MS in clinical nutrition from Bastyr University.

Code KK10 Session 1: Thursday, Feb. 23, 2012

Time/Place: 7-9PM in the High School in the Home Ec. Room #126

Fee: \$35 per person

Supplies included in the price (minimum of 5 people to do the class)



www.lacenterschools.org

Maintained according to Internet Guidelines by staci.firl@lacenterschools.org

2007 La Center School District - all rights reserved

Last updated – 8/19/2011